

Result Event 48 - 100m Girls 15Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Brooklyn	Alberts	D17	12.32	7	879	
2	Ashlyn	Norman	D6	12.43	5	853	
3	Chrystabel	Davis	D4	12.64	3	825	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ndubueze	Oluchi	D10	12.65	7	825	
2	Miandi	Breedt	D11	12.74	5	812	
3	Ntombi	Majetja	D9	13.26	3	751	
4	Zinhle	Kubeka	D7	13.60	2	718	
5	Sinenhlanhla	Mlangeni	D14	13.70	1	707	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
3	Fundiswa	Makhanya	D4	13.07	3	775	
4	Kyla	Vorster	D5	13.11	2	763	
5	Buhle	Pienaar	D14	13.66	1	707	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lana	Ungerer	D6	12.76	7	817	
2	Jessica	Gomes	D17	12.93	5	787	
3	Celeste	Potgieter	D7	13.37	3	740	
4	Daelyn	Van Der Merwe	D12	13.80	2	697	
5	Tshegofatso	Malale	D8	13.83	1	687	

Result Event 49 - 100m Boys 15Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Bruno	Amadi	D17	11.37	7	746	
2	Alexande	Steyn	D2	11.42	5	729	
3	Melokuhle	Gumede	D6	11.60	3	713	
4	Tlhalefang	Masilela	D5	11.79	2	682	
5	Nathaniel	Pompeu	D14	12.09	1	638	
6	Tshegofatso	Motaung	D1	12.80	0	548	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mukona	Manavhela	D9	11.30	7	764	
2	Emmanuel	Orugbo	D12	11.53	5	713	
3	Foxcroft	Zander	D10	11.78	3	682	
4	Kemisetso	Chuma	D3	11.86	2	667	
5	Prince	Dzentima	D8	11.88	1	667	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Emmanuel	Mbaegulam	D6	11.61	7	697	
2	Zian	Bester	D17	11.73	5	682	
3	Liwa	Mjekula	D9	11.75	3	682	
4	Tristan	Coetzee	D5	11.84	2	667	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tamuda	Chibika	D12	11.53	7	713	
2	Leandro	Delpont	D3	11.59	5	713	
3	Du Plooy	Schalk	D10	11.88	3	667	
4	Cornelius	Robberts	D8	11.97	2	652	
5	Zuan	Krige	D11	12.33	1	598	

Result Event 54 - 100m Girls 17Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Megan	Lategan	D17	11.77	7	940	
2	Hannah	Vermaak	D2	11.81	5	918	
3	Diana	Eze	D9	11.91	3	901	
4	Anushka	Boshoff	D6	12.32	2	841	
5	Thalitha	Van Staden	D5	13.00	1	763	
6	Zineth	Loilane	D14	13.13	0	740	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chardone	Smidt	D7	12.01	7	885	
2	Keira	Fouche	D11	12.43	5	827	
3	Lenique	De Winnaar	D8	12.73	3	788	
4	Khanyisile	Jass	D4	12.93	2	763	
5	Tracy	Stephens	D12	13.22	1	729	
6	Lodi	Lesedi	D15	14.78	0	586	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaylieigh	Van Rheede	D2	12.07	7	885	
2	Butzer	Madison-Lee	D10	12.60	5	814	
3	Alexandra	Okoye	D9	12.62	3	800	
4	Khanyisa	Mngqibisa	D17	12.72	2	788	
5	Ariana	Grobbelaar	D6	13.03	1	752	
6	Maseabatha	Kgodu	D5	13.93	0	657	
7	Kagiso	Masetla	D1	15.12	0	554	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Reaobaka	Matshitse	D4	12.04	7	885	
2	Zandre	du Plessis	D8	12.54	5	822	
3	Melisha	Bujak	D7	12.80	3	788	
4	Alethea	Visser	D8	13.04	2	752	
5	Amogelang	Masete	D12	13.61	1	686	
6	Atlegang	Ramasike	D11	16.68	1	448	

Result Event 55 - 100m Boys 17Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ofentse	Nondabula	D17	10.80	7	818	
4	Ridwaan	Rubidge	D14	11.33	2	710	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
3	Liam	Du Plesses	D17	11.31	3	710	
4	Joshua	Van Riet	D8	11.38	2	710	
5	Matthew	Van Der Merwe	D3	11.44	1	694	
6	Collen	Baloyi	D15	11.46	0	694	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Ryhan	Smit	D6	10.93	5	780	
3	Chibuike	Ibe	D5	11.18	3	744	
4	Gomolemo	Modisakeng	D12	11.25	2	727	
5	Paballo	Mofokeng	D1	11.36	1	710	
6	Oratile	Machaba	D14	11.57	0	678	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
3	Dihan	Crause	D8	11.43	3	694	
4	Njabulo	Nhlapo	D7	11.61	2	663	
5	Amogelang	Tshoagong	D4	11.67	1	663	
6	Lesedi	Nkwini	D15	11.97	0	620	

Result Event 58 - 100m Women 19Years (Semi-Final)

Heat 1 of 3

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Le Roux	Mia	D10	12.51	7	802	
2	Jordan	Binnema	D2	12.63	5	778	
3	Fathia	Lawai	D9	13.28	3	708	
4	Mia Louise	Wienand	D12	13.52	2	677	
5	Anele	Nzimande	D11	14.18	1	620	
6	Nichae	Louw	D14	14.57	0	585	
7	Bridget	Mothwa	D1	16.52	0	440	

Heat 2 of 3

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Candice	De Wet	D5	12.99	5	742	
3	Tshimpe	Kitenge	D15	13.27	3	708	
4	Maxine	Cilliers	D7	13.36	2	698	

Heat 3 of 3

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Jasmin	Vermeulen	D9	12.97	5	742	
3	Nwaokorie	Chichi	D10	13.04	3	730	
4	Zione	Erasmus	D12	14.13	2	620	
5	Stella	Ncube	D14	14.21	1	611	
6	Caroline	Qibi	D1	14.27	0	611	

Result Event 59 - 100m Men 19Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Matthew	Van Rooijen	D12	10.59	7	825	
2	James	Tshiyombo	D9	10.69	5	805	
3	Khanye	Bokang	D10	10.99	3	749	
4	Jayden	Van Der Berg	D2	11.02	2	731	
5	Imran	Ebrahim	D14	11.18	1	714	
6	Emihle	Hlanjwa	D11	11.47	0	666	
7	Gobokoe	Motsepe	D8	11.91	0	595	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Reinhardt	Botha	D17	10.90	7	767	
2	Otshepeng	Huma	D15	10.96	5	749	
3	Denzel	Ndlovu	D3	11.08	3	731	
4	Jonathan	Kivido	D6	11.09	2	731	
5	Karabo	Ndhlovu	D1	11.66	1	637	
6	Lungelo	Maseko	D5	11.86	0	609	
7	CJ	Kapilikisha	D4	12.16	0	569	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mosia	Paballo	D7	11.08	7	731	
2	Tristan	Hogins	D12	11.13	5	714	
3	Mkwanazi	Boitumelo	D10	11.33	3	682	
4	Garron	van der Merwe	D9	11.38	2	682	
5	Tadiwanashe	Songore	D11	13.01	1	464	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Neo	Modibe	D6	10.81	7	767	
2	Sheldon	Lucas	D17	10.94	5	749	
3	Keamogetswe	Matabane	D2	11.17	3	714	
4	Ofentse	Magodiolo	D1	11.49	2	666	
5	Leon	Mathibela	D15	11.99	1	595	

Result Event 84 - 100m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chidima	Mbaeli	D9	12.53	7	849	
1	Ndubueze	Oluchi	D10	12.53	7	839	
2	Brooklyn	Alberts	D17	12.63	5	825	
3	Ashlyn	Norman	D6	12.69	3	825	
4	Miandi	Breedt	D11	12.91	2	787	
5	Lana	Ungerer	D6	13.07	1	775	

Result Event 85 - 100m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mukona	Manavhela	D9	11.48	7	729	
2	Bruno	Amadi	D17	11.50	5	729	
3	Alexande	Steyn	D2	11.57	3	713	
4	Leandro	Delport	D3	11.78	2	682	
5	Emmanuel	Orugbo	D12	11.88	1	667	

Result Event 86 - 100m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Reaobaka	Matshitse	D4	11.93	7	901	
2	Chardone	Smidt	D7	12.06	5	885	
3	Kayleigh	Van Rheede	D2	12.23	3	865	
4	Hannah	Vermaak	D2	12.28	2	855	
4	Butzer	Madison-Lee	D10	12.28	2	855	
5	Keira	Fouche	D11	12.43	1	827	
6	Anushka	Boshoff	D6	12.45	0	827	
6	Megan	Lategan	D17	12.45	0	827	
7	Diana	Eze	D9	12.46	0	827	

Result Event 87 - 100m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Walaza	Bayanda	D10	10.70	7	839	
2	Steven	Sabino	D9	10.86	5	799	
3	Devine	Mavungu	D6	10.91	3	780	
4	Lethabo	Maloma	D4	10.98	2	780	
5	Ofentse	Nondabula	D17	10.98	1	780	

Result Event 88 - 100m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jordan	Binnema	D2	12.60	7	790	
2	Le Roux	Mia	D10	12.64	5	778	
3	Deonne	Van Heerden	D4	12.77	3	765	
4	Chelsea	Ogeachi	D17	12.85	2	753	
5	Callia	Le Roux	D6	13.03	1	730	

Result Event 89 - 100m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Matthew	Van Rooijen	D12	10.75	7	795	
2	James	Tshiyombo	D9	10.94	5	749	
3	Neo	Modibe	D6	10.95	3	749	
4	Sheldon	Lucas	D17	11.04	2	731	
5	Tristan	Hogins	D12	11.23	1	698	

Result Event 99 - 200m Girls 15Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Astrid	Fourie	D7	25.51	7	892	
2	Ndubueze	Oluchi	D10	25.92	5	859	
3	Miandi	Breedt	D11	26.12	3	847	
4	Boitumelo	Masuku	D9	27.24	2	783	
5	Carlize	Van Der Merwe	D4	27.54	1	767	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Luanne	Du Plooy	D6	25.83	7	866	
2	Brooklyn	Alberts	D17	25.89	5	866	
4	Angela	Mohlala	D15	27.87	2	752	
5	Adaora	Odinwamkpa	D9	27.97	1	747	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Isabella	Gunter	D3	25.88	7	866	
3	Janicka	Du Plooy	D8	26.62	3	817	
4	Fundiswa	Makhanya	D4	26.81	2	811	
5	Zinhle	Kubeka	D7	27.32	1	778	
6	Comfort	Ikerigni	D15	28.26	0	732	
7	Diratsagae	Motlalepule	D12	28.95	0	700	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lana	Ungerer	D6	26.12	7	847	
2	Jessica	Gomes	D17	26.71	5	811	
3	Dantey	Smith	D5	26.84	3	805	
4	Zoe	Holtzhausen	D2	27.89	2	752	
5	Buhle	Pienaar	D14	28.01	1	742	

Result Event 100 - 200m Boys 15Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Emmanuel	Orugbo	D12	23.31	7	743	
2	Foxcroft	Zander	D10	23.35	5	743	
3	Davel	Zander	D4	23.54	3	728	
4	Christiaan	Snyman	D8	24.62	2	659	
5	Karabo	Bedu	D7	25.08	1	629	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Bruno	Amadi	D17	23.05	7	766	
2	Alexande	Steyn	D2	23.26	5	751	
4	Emmanuel	Mbaegulam	D6	24.45	2	667	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Phenyo	Miyen	D4	22.75	7	794	
2	Mukona	Manavhela	D9	23.20	5	758	
3	Leandro	Delport	D3	23.68	3	721	
4	Mduduzi	Matsoso	D7	24.37	2	673	
5	Ryno	Van Der Westhuizen	D8	24.45	1	667	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Molefe	Molefe	D6	23.69	7	721	
2	Tlhalefang	Masilela	D5	23.80	5	714	
3	Samuel	Sendwe	D17	24.06	3	693	
4	Lawrence	Uchehara	D9	24.31	2	673	
5	Lwandiso	Zwane	D14	25.28	1	617	
6	Flavio	Moloto	D15	25.83	0	583	
7	Kgomotso	Matsepe	D2	28.05	0	474	

Result Event 101 - 200m Girls 17Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chardone	Smidt	D7	24.91	7	901	
2	Megan	Lategan	D17	25.66	5	854	
3	Khanyisile	Jass	D4	26.23	3	817	
4	Shailene	Van Den Berg	D8	26.79	2	788	
5	Tracy	Stephens	D12	28.13	1	717	
6	Amukelani	Masonganyi	D11	28.20	0	717	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Botje	Kaili	D10	24.86	7	911	
2	Hannah	Vermaak	D2	25.34	5	873	
3	Jennadine	Booyesen	D9	25.37	3	873	
4	Anushka	Boshoff	D6	27.22	2	761	
5	Thalitha	Van Staden	D5	27.70	1	741	
6	Siyamthanda	Rali	D14	28.90	0	685	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lenique	De Winnaar	D8	25.88	7	841	
2	Zeldi	Venter	D7	26.63	5	794	
3	Gabriella	Koeleman	D4	26.88	3	783	
4	Keesha	Bushe	D17	26.98	2	777	
5	Mbali	Soko	D5	28.64	1	694	
6	Ofentse	Pota	D15	29.20	0	672	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Vermeulen	Chane	D10	24.49	7	938	
2	Kayleigh	Van Rheede	D2	24.71	5	915	
3	Diana	Eze	D9	25.60	3	860	
4	Hayleigh	Kinnear	D6	26.33	2	811	

Result Event 102 - 200m Boys 17Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ofentse	Nondabula	D17	22.75	7	760	
2	Omphile	Mathibedi	D3	22.82	5	748	
3	Tiaan	Holloway	D7	22.92	3	741	
4	Thando	Mokoena	D5	22.95	2	741	
5	Joshua	Van Riet	D8	25.03	1	602	
6	Kyle	Blignaut	D4	26.11	0	541	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Devine	Mavungu	D6	22.23	7	797	
2	David	Kazadi	D12	22.37	5	789	
3	Chegofatso	Masete	D9	22.74	3	756	
4	Delarey	Van Der Berg	D2	23.25	2	718	
5	Ridwaan	Rubidge	D14	23.67	1	690	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Liam	Du Plesses	D17	22.39	7	789	
2	Shawlyn	Miennies	D6	22.46	5	780	
3	Dihan	Crause	D8	22.56	3	772	
4	Zander	Rikhotso	D4	22.58	2	772	
5	Roelof	Barnard	D2	23.32	1	711	
6	Melcolm	Faber	D5	23.71	0	683	
7	Adiel	Buthlezi	D7	23.85	0	676	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Nkosinathi	Nhlapo	D9	22.97	7	741	
2	Kokong	Tshego	D10	23.48	5	704	
3	Mongezi	Zwane	D14	24.16	3	657	
4	Amogelang	Tshoagong	D4	24.68	2	625	
5	Connor	Rooney	D12	25.48	1	579	

Result Event 103 - 200m Women 19Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Charlize	Laubscher	D8	25.78	7	827	
2	Deonne	Van Heerden	D4	26.10	5	807	
3	Kay-Cee	Blackburn	D17	26.60	3	779	
4	Candice	De Wet	D5	27.10	2	752	
5	Callia	Le Roux	D6	27.22	1	742	
6	Calsey	Ristow	D7	27.53	0	727	
7	Dube	Keneilwe	D15	30.00	0	622	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Le Roux	Mia	D10	26.73	7	768	
2	Odette	Van Putten	D2	27.99	5	708	
3	Lezaane	Collen	D7	28.73	3	672	
4	Mia Louise	Wienand	D12	28.88	2	667	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ashley	Williams	D4	26.02	7	807	
2	Chelsea	Ogeachi	D17	26.79	5	768	
3	Annike	Le Roux	D6	27.33	3	737	
4	Tshimpe	Kitenge	D15	27.87	2	713	
5	Ntando	Tshefu	D5	30.57	1	599	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jasmin	Vermeulen	D9	27.20	7	747	
2	Nwaokorie	Chichi	D10	27.43	5	732	
3	Onyinye	Ndubuisi	D14	28.15	3	699	
4	Sebolelo	Matekane	D11	33.02	2	513	

Result Event 111 - 200m Men 19Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	James	Tshiyombo	D9	21.88	7	803	
2	Matthew	Van Rooijen	D12	22.01	5	785	
3	Jonathan	Kivido	D6	22.48	3	754	
4	Jayden	Van Der Berg	D2	22.51	2	745	
5	Imran	Ebrahim	D14	23.08	1	707	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Connor	Wilson	D5	22.64	7	737	
2	Neo	Modibe	D6	23.13	5	700	
3	Khanya	Mohlokoane	D8	23.52	3	672	
4	Panashe	Nyambiya	D7	23.62	2	666	
5	Josiah	Sithole	D15	26.94	1	482	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mosia	Paballo	D7	22.45	7	753	
2	Keamogetswe	Matabane	D2	22.79	5	729	
3	Nkosinathi	Dube	D12	23.36	3	686	
4	Wakhiwe	Shelembe	D14	26.38	2	511	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hilton	Thomas	D4	22.03	7	785	
2	Sheldon	Lucas	D17	22.04	5	785	
3	Aedan	J van Vuuren	D17	22.29	3	769	
4	David	Mpolesha	D8	23.96	2	646	
5	Lungelo	Maseko	D5	24.86	1	591	
6	Thapelo	Monareng	D15	26.22	0	516	

Result Event 134 - 200m Girls 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Isabella	Gunter	D3	25.39	7	900	
2	Astrid	Fourie	D7	25.39	5	900	
3	Ndubueze	Oluchi	D10	25.69	3	880	
4	Miandi	Breedt	D11	26.12	2	847	
5	van der Merwe	Mia	D10	26.12	1	847	
5	Suzelle	Smith	D2	27.87	1	752	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Brooklyn	Alberts	D17	26.04	7	853	
2	Luanne	Du Plooy	D6	26.45	5	828	
3	Lana	Ungerer	D6	26.50	3	828	
4	Janicka	Du Plooy	D8	26.77	2	811	
5	Jessica	Gomes	D17	27.13	1	789	
6	Boitumelo	Masuku	D9	27.23	0	783	

Result Event 135 - 200m Boys 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Phenyo	Miyen	D4	22.47	7	816	
2	Mukona	Manavhela	D9	23.07	5	766	
3	Foxcroft	Zander	D10	23.22	3	751	
4	Davel	Zander	D4	23.31	2	743	
5	Emmanuel	Orugbo	D12	23.83	1	707	
6	Lawrence	Uchehara	D9	23.90	0	707	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Bruno	Amadi	D17	23.35	7	743	
2	Tlhalefang	Masilela	D5	23.54	5	728	
3	Leandro	Delpont	D3	23.55	3	728	
4	Molefe	Molefe	D6	23.58	2	728	
5	Alexande	Steyn	D2	24.82	1	641	

Result Event 136 - 200m Girls 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Vermeulen	Chane	D10	24.66	7	923	
2	Chardone	Smidt	D7	24.68	5	923	
3	Kaylieigh	Van Rheede	D2	24.83	3	908	
4	Megan	Lategan	D17	25.45	2	867	
5	Jennadine	Booyesen	D9	25.89	1	841	
6	Khanyisile	Jass	D4	26.28	0	817	
7	Shailene	Van Den Berg	D8	26.59	0	799	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Botje	Kaili	D10	24.93	7	901	
2	Hannah	Vermaak	D2	25.27	5	880	
3	Diana	Eze	D9	25.38	3	873	
4	Lenique	De Winnaar	D8	26.36	2	811	
5	Hayleigh	Kinnear	D6	26.37	1	811	
6	Zeldi	Venter	D7	27.04	0	772	
7	Gabriella	Koeleman	D4	27.25	0	761	
8	Anushka	Boshoff	D6	27.29	0	761	

Result Event 137 - 200m Boys 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Devine	Mavungu	D6	21.74	7	842	
2	Ofentse	Nondabula	D17	22.07	5	814	
3	David	Kazadi	D12	22.12	3	806	
4	Dihan	Crause	D8	22.49	2	780	
5	Kyle	Blignaut	D3	22.54	1	772	
6	Thando	Mokoena	D5	22.65	0	764	
7	Chegofatso	Masete	D9	23.03	0	733	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Shawlyn	Miennies	D6	22.38	7	789	
2	Nkosinathi	Nhlapo	D9	22.55	5	772	
3	Liam	Du Plesses	D17	22.61	3	764	
4	Kokong	Tshego	D10	22.65	2	764	
5	Tiaan	Holloway	D7	22.80	1	756	
6	Zander	Rikhotso	D4	22.89	0	748	
7	Ridwaan	Rubidge	D14	23.91	0	670	

Result Event 138 - 200m Women 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Charlize	Laubscher	D8	25.76	7	825	
2	Deonne	Van Heerden	D4	26.24	5	796	
3	Le Roux	Mia	D10	26.36	3	790	
4	Kay-Cee	Blackburn	D17	26.79	2	768	
5	Calsey	Ristow	D7	27.46	1	732	
6	Callia	Le Roux	D6	27.57	0	727	
7	Nwaokorie	Chichi	D10	27.93	0	708	
8	Onyinye	Ndubuisi	D14	28.43	0	685	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ashley	Williams	D4	25.84	7	819	
2	Chelsea	Ogeachi	D17	25.92	5	813	
3	Jasmin	Vermeulen	D9	26.57	3	779	
4	Candice	De Wet	D5	27.10	2	752	
5	Annike	Le Roux	D6	27.46	1	732	

Result Event 142 - 200m Men 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Matthew	Van Rooijen	D12	21.83	7	809	
2	James	Tshiyombo	D9	21.99	5	794	
3	Jayden	Van Der Berg	D2	22.32	3	761	
4	Mosia	Paballo	D7	22.49	2	753	
5	Keamogetswe	Matabane	D2	22.73	1	729	
6	Panashe	Nyambiya	D7	23.37	0	686	
7	Nkosinathi	Dube	D12	24.73	0	597	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hilton	Thomas	D4	21.85	7	803	
2	Neo	Modibe	D6	21.99	5	794	
3	Sheldon	Lucas	D17	22.15	3	777	
4	Jonathan	Kivido	D6	22.29	2	769	
5	Connor	Wilson	D5	23.05	1	707	
6	David	Mpolesha	D8	23.46	0	679	
7	Imran	Ebrahim	D14	23.49	0	679	

Result Event 161 - 200m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ndubueze	Oluchi	D10	25.18	7	914	
2	Astrid	Fourie	D7	25.23	5	907	
3	Isabella	Gunter	D3	25.42	3	893	
4	Brooklyn	Alberts	D17	25.62	2	879	
5	Miandi	Breedt	D11	25.63	1	879	
6	Luanne	Du Plooy	D6	25.97	0	859	
7	Lana	Ungerer	D6	26.10	0	853	
8	Janicka	Du Plooy	D8	26.54	0	823	

Result Event 162 - 200m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Phenyo	Miyen	D4	22.42	7	816	
2	Mukona	Manavhela	D9	22.72	5	790	
3	Bruno	Amadi	D17	22.99	3	774	
4	Foxcroft	Zander	D10	23.16	2	758	
5	Tlhalefang	Masilela	D5	23.26	1	751	

Result Event 163 - 200m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Vermeulen	Chane	D10	24.10	7	970	
2	Kayleigh	Van Rheede	D2	24.42	5	938	
3	Botje	Kaili	D10	24.43	3	938	
4	Chardone	Smidt	D7	24.48	2	938	
5	Diana	Eze	D9	25.27	1	880	

Result Event 164 - 200m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Devine	Mavungu	D6	21.63	7	851	
2	Ofentse	Nondabula	D17	21.90	5	832	
3	Shawlyn	Miennies	D6	22.16	3	806	
4	David	Kazadi	D12	22.24	2	797	
5	Nkosinathi	Nhlapo	D9	22.31	1	789	

Result Event 165 - 200m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Charlize	Laubscher	D8	25.31	7	850	
2	Ashley	Williams	D4	25.55	5	838	
3	Le Roux	Mia	D10	25.81	3	825	
4	Deonne	Van Heerden	D4	26.26	2	796	
5	Kay-Cee	Blackburn	D17	26.28	1	796	

Result Event 166 - 200m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Matthew	Van Rooijen	D12	21.46	7	843	
2	Hilton	Thomas	D4	21.72	5	811	
3	James	Tshiyombo	D9	21.79	3	811	
4	Neo	Modibe	D6	21.92	2	794	
5	Jonathan	Kivido	D6	22.29	1	769	

Result Event 23 - 400m Girls 15Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	van der Merwe	Mia	D10	59.31	5	877	
4	Dominique	Branders	D12	1:03.13	2	788	
5	Mine	Van Greune	D11	1:06.76	1	717	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Strong	Davida	D10	59.49	7	869	
2	Luanne	Du Plooy	D6	1:00.80	5	837	
3	Tiyani	Fourie	D2	1:02.11	3	805	
4	Nicka	Taljaard	D17	1:02.20	2	805	
5	Elrie	Brummer	D5	1:07.97	1	696	
6	Faith	Dumakude	D1	1:07.97	0	693	
7	Thandi	Oliphant	D14	1:13.92	0	603	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Johanka	De Villiers	D8	1:00.56	7	846	
2	Liz Mari	De Beer	D17	1:05.55	5	739	
3	Jessica	Eagar	D12	1:11.83	3	633	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaylieigh	Pienaar	D2	1:00.84	7	839	
2	Boitumelo	Masuku	D9	1:01.27	5	829	
3	Hannah	Oberholster	D6	1:01.49	3	824	
4	Tsiammo	Mokoena	D5	1:12.90	2	618	
5	Katlego	Rametse	D14	1:13.35	1	611	

Result Event 24 - 400m Boys 15Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ryno	Van Der Westhuizen	D8	54.06	7	737	
2	Tshepang	Mokhali	D4	55.22	5	703	
3	Samuel	Sendwe	D17	55.98	3	684	
4	Ruard	Van Rooyen	D3	56.92	2	659	
5	Noah	Booth	D12	57.09	1	656	
6	Jayden	van Heerden	D7	57.70	0	641	
7	Katleho	Mokgosi	D11	58.01	0	632	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Ray Nathan	Van Kolwer	D2	55.41	5	700	
3	Shipalane	Vulombe	D14	56.72	3	664	
4	Banele	Zwane	D5	57.13	2	654	
5	Nkosinathi	Dlamini	D12	57.73	1	639	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Reghardt	Naude	D4	54.30	7	731	
2	Amahle	Konsati	D17	58.38	5	625	
3	Mpendulo	Mbonani	D5	1:03.53	3	515	
4	Modiwa	Nyatsina	D15	1:10.11	2	403	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Molefe	Molefe	D6	52.14	7	798	
2	Mabhude	Cairol	D10	53.69	5	749	
3	Deacan	Rossouw	D2	56.54	3	669	
4	Mohammad	Shaikh	D9	1:01.03	2	565	

Result Event 25 - 400m Girls 17Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Vene	Esterhuyse	D11	58.18	7	880	
2	Penelope	Shipalana	D3	1:00.50	5	823	
3	Elrisa	Swiegers	D7	1:00.82	3	813	
4	Kayin	Miles	D17	1:01.10	2	809	
5	Shailene	Van Den Berg	D8	1:01.49	1	800	
6	Gabriella	Koeleman	D4	1:01.53	0	798	
7	Karla	Grobler	D5	1:02.18	0	785	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Vermeulen	Chane	D10	57.86	7	889	
2	Hayleigh	Kinnear	D6	58.53	5	869	
3	Chidera	Ibeneche	D9	1:01.76	3	793	
4	Viandri	Buys	D2	1:05.55	2	718	
5	Naomi	Dziga	D12	1:06.69	1	698	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Annemie	Van Der Merwe	D6	59.60	7	844	
2	Keneilwe	Mawela	D4	1:00.67	5	818	
3	Mila	Fourie	D8	1:00.79	3	816	
4	Chante	Le Roux	D17	1:00.88	2	813	
5	Lune	Wepener	D7	1:02.48	1	778	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Makasi	Lolwethu	D10	1:01.63	7	796	
2	Lucie	Ilunga	D9	1:02.42	5	778	
3	Realeboga	Setshedi	D12	1:15.45	3	565	

Result Event 28 - 400m Boys 17Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lewellyn	Harmse	D2	49.38	7	863	
3	Hanlu	Bronkhorst	D4	52.07	3	768	
4	Johann	Chambers	D6	53.70	2	719	
5	Keabetswe	Mathega	D3	58.04	1	607	
6	Lehlohonolo	Mahlangu	D5	58.30	1	602	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Petrus	Van Zyl	D11	49.37	7	863	
2	Kokong	Tshego	D10	49.79	5	847	
3	Tyler	Howard	D9	50.38	3	825	
4	Dihan	Crause	D8	52.75	2	746	
5	Ethan	Jordaan	D12	53.74	1	717	
6	Samkelo	Mbesa	D4	54.54	0	694	
7	Neo	Habai	D14	58.40	0	600	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Nkosinathi	Nhlapo	D9	50.87	7	808	
2	Dean	Jordaan	D6	51.75	5	778	
3	Devote	Mnisi	D5	52.27	3	762	
4	Junior	Mphela	D17	52.71	2	746	
5	Kamogelo	Ramusi	D15	1:01.37	1	536	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Alex	Pienaar	D6	51.92	7	771	
2	Nhlanhla	Shabalala	D7	52.76	5	746	
3	Kwanda	Nkosi	D11	52.79	3	746	
4	Mario	Gomez	D12	54.26	2	703	
5	Barnard	Anroux	D10	54.90	1	686	
6	Jayden	Van Tonder	D8	55.19	0	678	

Result Event 30 - 400m Women 19Years (Semi-Final)

Heat 1 of 3

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Akoyi	Ngongo	D3	58.43	7	851	
2	Jane	Mulder	D11	1:00.52	5	801	
3	Luane	Vermeulen	D17	1:02.93	3	751	
4	Tshimpe	Kitenge	D15	1:05.21	2	709	
5	Nompumelelo	Motaung	D5	1:08.14	1	657	

Heat 2 of 3

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Semei	Botha	D2	1:06.69	7	682	
2	Lerato	Moromodi	D6	1:07.15	5	673	
3	Bonolo	Mokabane	D17	1:09.61	3	633	
4	Anja	Lourens	D5	1:15.00	2	558	
5	Keamogetswe	Machwisa	D15	1:17.24	1	528	

Heat 3 of 3

Pos	Name	Surname	Team	Result	Point	APE	Rec
3	Maxine	Cilliers	D7	1:03.60	3	739	
4	Courtney	Sequeira	D11	1:03.80	2	735	
5	Qhawekazi	Tyutyuza	D10	1:13.92	1	571	
6	Rebecca	Sutherland	D12	1:16.97	0	532	

Result Event 31 - 400m Men 19Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Connor	Wilson	D5	50.25	7	802	
2	Ofentse	Mametsa	D17	50.33	5	798	
3	Douglas	Duncan	D10	50.43	3	795	
4	Gontse	Seantle	D2	50.82	2	782	
5	Gift	Thobakgale	D1	51.90	1	749	
6	Abdul	Hakizumana	D14	52.75	0	722	
7	Olwethu	Langa	D9	59.38	0	558	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	De Wet Barry	Pretorius	D11	50.91	7	782	
2	Armile	Luberu	D7	51.42	5	762	
3	Nkosinathi	Dube	D12	51.92	3	746	
4	Tristan	Pepler	D17	52.13	2	740	
5	Khanya	Mohlokoane	D8	52.22	1	737	
6	Jason	Jansen	D4	52.61	0	725	
7	Botshelo	Bopape	D15	56.88	0	614	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Njabulo	Mahlangu	D12	50.71	5	785	
3	Emmachrist	Mukendi	D9	51.08	3	775	
4	Roland	Van Tonder	D6	51.71	2	753	
5	Pitso	Lefosa	D2	52.21	1	737	
6	Brian	Bhengu	D14	59.45	0	556	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Galaletsang	Mathope	D15	50.13	7	808	
2	James	Ncube	D4	50.15	5	805	
3	Thabang	Kobeli	D8	52.33	3	734	

Result Event 63 - 400m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Strong	Davida	D10	57.30	7	929	
2	Johanka	De Villiers	D8	57.41	5	926	
3	Astrid	Fourie	D7	57.44	3	923	
4	Luanne	Du Plooy	D6	59.94	2	856	
5	Boitumelo	Masuku	D9	1:00.38	1	846	
6	van der Merwe	Mia	D10	1:00.53	0	841	
7	Kayleigh	Pienaar	D2	1:00.59	0	841	
8	Sisipho	Madlakuvana	D4	1:02.19	0	805	

Result Event 64 - 400m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Reghardt	Naude	D4	51.94	7	803	
2	Benade van Niekerk	Liam	D10	52.35	5	790	
3	Molefe	Molefe	D6	52.58	3	783	
4	Tshepang	Mokhali	D4	53.36	2	758	
5	Mabhude	Cairol	D10	53.93	1	740	
6	Samuel	Sendwe	D17	55.40	0	700	
7	Ryno	Van Der Westhuizen	D8	56.07	0	682	
8	Ray Nathan	Van Kolwer	D2	56.90	0	661	

Result Event 65 - 400m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Vermeulen	Chane	D10	56.58	7	925	
2	Vene	Esterhuyse	D11	56.98	5	913	
3	Hayleigh	Kinnear	D6	57.58	3	896	
4	Annemie	Van Der Merwe	D6	58.84	2	862	
5	Penelope	Shipalana	D3	1:00.08	1	832	
6	Mila	Fourie	D8	1:00.14	0	830	
7	Keneilwe	Mawela	D4	1:00.17	0	830	
8	Makasi	Lolwethu	D10	1:02.04	0	787	

Result Event 66 - 400m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Petrus	Van Zyl	D11	48.79	7	887	
2	Lewellyn	Harmse	D2	48.93	5	879	
3	Nkosinathi	Nhlapo	D9	48.96	3	879	
4	Kokong	Tshego	D10	49.15	2	871	
5	Franco	Hattigh	D17	50.21	1	829	
6	Alex	Pienaar	D6	50.29	0	829	
7	Tyler	Howard	D9	51.30	0	794	
8	Dean	Jordaan	D6	51.73	0	778	

Result Event 67 - 400m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Charlize	Laubscher	D8	57.03	7	888	
2	Akonyi	Ngongo	D3	57.57	5	876	
2	Suane	Dekker	D3	57.57	5	875	
3	Ashley	Williams	D4	57.74	3	869	
4	Chante	Prinsloo	D2	58.67	2	846	
5	Semei	Botha	D2	59.11	1	834	
6	Jane	Mulder	D11	1:01.70	0	777	
7	Mikhayla	Partridge	D7	1:03.01	0	749	

Result Event 68 - 400m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	James	Ncube	D4	49.65	7	823	
2	Rich	Ngobeni	D3	49.78	5	820	
2	Gert	Grobler	D3	49.78	5	820	
3	Njabulo	Mahlangu	D12	49.98	3	812	
4	Prins	Marco	D10	50.30	2	802	
5	Douglas	Duncan	D10	50.34	1	798	
6	Ofentse	Mametsa	D17	50.55	1	792	
7	Connor	Wilson	D5	50.90	1	782	