

Result Event 124 - 800m Girls 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kgotlelelo	Mametja	D4	2:20.11	7	866	
2	Liandri	Kriel	D2	2:21.03	5	858	
3	Micaela	Roome	D11	2:21.44	3	854	
4	Thato	Sesoko	D17	2:22.38	2	846	
5	Miriam	Moeketsi	D9	2:25.75	1	819	
6	Maruze	Marais	D7	2:29.62	0	789	
7	Chané	Muller	D6	2:32.78	0	767	
8	Tshoganyetso	More	D10	2:38.06	0	731	
9	Thandeka	Sibanda	D9	2:44.97	0	689	
10	Ntokozo	Ripinga	D12	2:58.72	0	616	
11	Faith	Dumkode	D1	3:12.26	0	555	
12	Chantel	Nyathi	D15	3:14.85	0	544	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tiyani	Fourie	D2	2:23.61	7	836	
2	Tatum	Laybourn	D6	2:24.92	5	825	
3	Megan	Kleynhans	D10	2:25.40	3	821	
4	Azariah	Madumo	D4	2:25.67	2	819	
5	Mbali	Kamele	D11	2:25.92	1	817	
6	Mia	De Jager	D17	2:26.90	0	810	
7	Michaela	Cowan	D8	2:28.04	0	801	
8	Marli	Niemand	D7	2:33.24	0	763	
9	Grace	Bato	D5	2:42.39	0	704	
10	Jessica	Combrick	D5	2:42.52	0	704	
11	Mercedes	Van Zyl	D8	2:42.64	0	703	
12	Tsireletso	Matshira	D15	2:43.54	0	698	
13	Princilla	Akinkuowo	D3	2:43.54	0	698	

Result Event 151 - 800m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tiyani	Fourie	D2	2:16.20	7	903	
2	Tatum	Laybourn	D6	2:17.68	5	888	
3	Liandri	Kriel	D2	2:18.58	3	880	
4	Azariah	Madumo	D4	2:22.18	2	848	
5	Kgotlelelo	Mametja	D4	2:24.08	1	832	
6	Mbali	Kamele	D11	2:24.32	0	830	
7	Thato	Sesoko	D17	2:25.44	0	821	
8	Miriam	Moeketsi	D9	2:25.98	0	817	
9	Micaela	Roome	D11	2:26.62	0	812	
10	Maruze	Marais	D7	2:27.16	0	808	
11	Mia	De Jager	D17	2:27.18	0	808	
12	Tshoganyetso	More	D10	2:30.86	0	780	
13	Marli	Niemand	D7	2:32.86	0	766	
14	Michaela	Cowan	D8	2:33.17	0	764	

Result Event 125 - 800m Boys 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Olerato	Masiloane	D4	2:02.75	7	618	
2	Keegan	Coetzee	D2	2:04.50	5	575	
3	Mohammed	Butler	D10	2:05.22	3	558	
4	Michael	Bekker	D17	2:05.49	2	551	
5	Amogelang	Mogaswi	D9	2:10.96	1	435	
6	Absalom	Moyo	D3	2:11.70	0	420	
7	Sabelo	Sithole	D1	2:12.55	0	404	
8	Zian	Grobler	D11	2:12.66	0	402	
9	Keion	Venter	D12	2:13.35	0	389	
10	Junior	Boateng-Newtown	D15	2:17.01	0	325	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Itumeleng	Mothajwa	D4	2:03.01	7	611	
2	Stephen	Joubert	D2	2:03.85	5	590	
3	Nkosinathi	Dlamini	D12	2:08.35	3	488	
4	Thabiso	Ndlovu	D9	2:09.47	2	465	
5	Muzi	Vunla	D17	2:09.66	1	461	
6	Thabang	Malapane	D6	2:11.96	0	415	
7	Tiaan	Van Der Walt	D8	2:12.71	0	401	
8	Tristan	Van Wyk	D7	2:13.05	0	395	
9	Itireleng	Chauke	D3	2:19.34	0	286	
10	Amponsah	Owuso	D5	2:20.78	0	263	
11	Seleka	Mohohoma	D1	2:20.78	0	263	

Result Event 152 - 800m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Olerato	Masiloane	D4	2:00.58	7	676	
2	Itumeleng	Mothajwa	D4	2:00.88	5	668	
3	Mohammed	Butler	D10	2:02.66	3	620	
4	Stephen	Joubert	D2	2:08.34	2	488	
5	Michael	Bekker	D17	2:08.68	1	481	
6	Thabiso	Ndlovu	D9	2:11.89	0	417	
7	Tiaan	Van Der Walt	D8	2:12.26	0	410	
8	Absalom	Moyo	D3	2:12.29	0	409	
9	Sabelo	Sithole	D1	2:13.69	0	383	
10	Nkosinathi	Dlamini	D12	2:13.88	0	380	
11	Tristan	Van Wyk	D7	2:14.24	0	373	
12	Amogelang	Mogaswi	D9	2:14.85	0	362	
13	Thabang	Malapane	D6	2:22.78	0	233	
14	Muzi	Vunla	D17	2:23.34	0	225	

Result Event 129 - 800m Girls 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hanri	Pretorius	D2	2:20.75	7	841	
2	Chemene	Mentz	D11	2:20.93	5	840	
3	Cassidy	Bosman	D17	2:21.04	3	839	
5	Angel	Baloyi	D4	2:23.78	1	816	
6	Kayden	Bartle	D6	2:30.86	0	763	
7	Else	Badenhost	D10	2:34.05	0	741	
8	Mijean	Gerber	D12	2:36.37	0	726	
9	Nompumelelo	Mabuza	D5	2:38.77	0	711	
10	Sheena	Kunene	D9	2:49.42	0	650	
11	Hanna	Korend	D8	2:53.40	0	629	
12	Thembi	Thobejane	D1	2:53.50	0	628	
13	Tertia	Makombe	D15	3:17.29	0	522	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaitlyn	Du Plessis	D2	2:29.17	7	775	
2	Selna	Van As	D8	2:29.24	5	775	
3	Lente	Groenewald	D4	2:29.26	3	775	
4	Kiana	Pepler	D17	2:30.07	2	769	
5	Tsepiso	Mofokeng	D6	2:31.08	1	762	
6	Reamogetse	Ragedi	D10	2:31.52	0	759	
7	Morgan	Harmse	D11	2:31.87	0	756	
8	Chenique	Goosen	D5	2:35.78	0	730	
9	Vanessa	Ngwenya	D15	2:39.15	0	709	
10	Esinati	Malebye	D3	2:58.95	0	602	

Result Event 153 - 800m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chemene	Mentz	D11	2:11.77	7	926	
2	Hanri	Pretorius	D2	2:12.26	5	921	
3	Cassidy	Bosman	D17	2:14.12	3	902	
4	Angel	Baloyi	D4	2:19.95	2	848	
5	Kaitlyn	Du Plessis	D2	2:20.63	1	842	
6	Lente	Groenewald	D4	2:21.41	0	836	
7	Selna	Van As	D8	2:22.07	0	830	
8	Kiana	Pepler	D17	2:23.60	0	818	
9	Elrisa	Swiegers	D7	2:31.14	0	761	
10	Kayden	Bartle	D6	2:32.73	0	750	

Result Event 155 - 800m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Franco	Hattingh	D17	1:57.56	7	688	
2	Junior	Mphela	D17	1:57.59	5	688	
3	Ruan	Harmse	D2	1:58.99	3	648	
4	Jaco	Coetzer	D5	1:59.31	2	639	
5	Seth	Nienaber	D7	1:59.69	1	629	
6	Tshepang	Mokhali	D4	1:59.73	0	628	
7	Ciano	Titus	D4	1:59.83	0	625	
8	Ruandre	Viviers	D7	2:01.05	0	594	
9	Liam	Benade Van	D10	2:05.75	0	485	
10	Kevin	Malicky	D9	2:15.36	0	303	

Result Event 156 - 800m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marli	Dimond	D8	2:12.99	7	905	
2	Courtney	Sole	D2	2:18.42	5	854	
3	Chanté	Viljoen	D6	2:24.08	3	807	
4	Mpho	Hlako	D4	2:25.02	2	800	
5	Camryn	De Meyer	D17	2:26.18	1	791	
6	Mianda	De Wit	D17	2:31.70	0	751	
7	Kamogelo	Makgoka	D6	2:38.19	0	709	
8	Natash	Botes	D12	2:43.44	0	677	
9	Tracey	Visser	D8	2:47.86	0	653	
10	Tinyiko	Mopelo	D5	2:53.87	0	621	

Result Event 132 - 800m Men 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Xavier	Van der Leek	D4	1:56.95	7	636	
2	Israel	Sylvia	D9	1:57.50	5	621	
3	Mj	Jacobs	D6	1:57.98	3	608	
4	Ryan	Ferreria	D17	2:02.46	2	499	
5	Jacques	Naude	D11	2:03.22	1	482	
6	Viaan	Du Plooy	D7	2:03.38	0	479	
7	Regomoditswe	Dipudi	D2	2:05.09	0	443	
8	L	Msiza	D15	2:10.97	0	330	
9	Ridzani	Ramapela	D3	2:13.27	0	290	
10	Thabang	Borole	D8	2:15.69	0	250	
11	Nkululeko	Ndingi	D12	2:16.68	0	235	
Heat	Name	Surname	Team	Result	Point	APE	Rec
1	Teejay	Thomas (Ngwenya)	D9	2:02.59	7	496	
2	Samkelo	Mbesa	D4	2:02.60	5	496	
3	Mpumelelo	Kozana	D2	2:03.11	3	485	
4	Kwanda	Nkosi	D11	2:03.26	2	482	
5	Mlindeli	Nyikima	D12	2:03.82	1	469	
6	Kgotso	Sekgala	D5	2:04.22	0	461	
7	Sphiwe	Rabothata	D17	2:05.21	0	440	
8	Tshepang	Mfene	D7	2:06.06	0	423	

Result Event 157 - 800m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Xavier	Van der Leek	D4	1:55.12	7	688	
2	Samkelo	Mbesa	D4	1:55.94	5	664	
3	Teejay	Thomas (Ngwenya)	D9	1:57.65	3	617	
4	Israel	Sylvia	D9	1:59.07	2	580	
5	Mpumelelo	Kozana	D2	2:00.29	1	550	
6	Regomoditswe	Dipudi	D2	2:01.36	0	524	
7	Mj	Jacobs	D6	2:01.40	0	523	
8	Kgotso	Sekgala	D5	2:03.05	0	486	
9	Viaan	Du Plooy	D7	2:05.18	0	441	
10	L	Msiza	D15	2:06.38	0	416	

Result Event 32 - 1500m Girls 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Diphetogo	Semenya	D4	4:54.92	7	768	
2	Thato	Sesoko	D17	5:00.43	5	739	
3	Kelly-Lynn	Barkley	D6	5:01.31	3	734	
4	Megan	Kleynhans	D10	5:01.78	2	732	
5	Miriam	Moeketsi	D9	5:04.05	1	720	
6	Micaela	Roome	D11	5:06.30	0	709	
7	Lohane	Aucamp	D5	5:14.44	0	671	
8	Angel	Ndlovu	D5	5:40.66	0	565	
9	Zelne	Bezuidenhout	D7	6:00.20	0	498	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mamelo	Hankana	D4	4:52.64	7	781	
2	Mapaseka	Mongatane	D9	4:57.26	5	755	
3	Jodene	Shawe	D2	5:04.44	3	718	
4	Heylinn	Nelson	D6	5:04.95	2	716	
5	Sune-Louise	Prinsloo	D11	5:05.48	1	713	
6	Jade	Doran	D17	5:06.28	0	709	
7	Caitlin	Rowan	D10	5:15.39	0	667	
8	Marli	Niemand	D7	5:56.17	0	511	
9	Tshidi	Mashele	D14	5:56.46	0	510	

Result Event 69 - 1500m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Diphetogo	Semenya	D4	4:50.41	7	793	
2	Mamelo	Hankana	D4	4:50.68	5	792	
3	Megan	Kleynhans	D10	4:51.09	3	790	
4	Sune-Louise	Prinsloo	D11	4:51.92	2	785	

Result Event 33 - 1500m Boys 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Siyanda	Malone	D9	4:23.80	7	791	
2	Tyran	Brooks	D6	4:23.81	5	791	
3	Deon	Bouwer	D5	4:23.83	3	791	
4	Hanno	Bester	D4	4:24.00	2	790	
5	Michael	Bekker	D17	4:24.01	1	790	
6	Keegan	Coetzee	D2	4:25.08	0	784	
7	Tshireletso	Thema	D3	4:36.86	0	727	
8	Mahlatse	Mothapo	D1	4:39.48	0	715	
9	Tiaan	Kloppers	D11	4:39.53	0	715	
10	Lehlohonolo	Letsielo	D7	4:39.80	0	714	
11	Edgar	Van Der Spoel	D10	4:45.92	0	687	
12	Keion	Venter	D12	4:48.13	0	678	
13	Junior	Boateng-Newtown	D15	4:51.18	0	666	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kamohelo	Makhoa	D7	4:26.57	7	777	
2	Junior	Noah	D2	4:27.10	5	774	
3	Ewan	Kielblock	D4	4:27.50	3	772	
4	Amogelang	Mogashane	D9	4:27.89	2	770	
5	Willem	Du Plooy	D10	4:29.60	1	761	
6	Ayabonga	Luvula	D5	4:30.17	0	759	
7	Muzi	Vunla	D17	4:44.50	0	693	
8	Siyabulela	Ngejane	D6	4:51.34	0	665	
9	Thabang	Mojapelo	D12	4:52.43	0	661	
10	Thabang	Sebolai	D14	5:24.22	0	549	
11	Orwell	Moyo	D11	5:29.81	0	532	
12	A.J.	Ntuli	D15	5:31.68	0	526	

Result Event 75 - 1500m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tyran	Brooks	D6	4:04.15	7	910	
2	Hanno	Bester	D4	4:06.89	5	891	
3	Ewan	Kielblock	D4	4:11.44	3	862	
4	Siyanda	Malone	D9	4:12.45	2	856	
5	Michael	Bekker	D17	4:13.10	1	852	
6	Keegan	Coetzee	D2	4:17.36	0	827	
7	Junior	Noah	D2	4:29.29	0	763	
8	Willem	Du Plooy	D10	4:31.23	0	753	
9	Amogelang	Mogashane	D9	4:31.39	0	753	
10	Kamohelo	Makhoa	D7	4:44.94	0	691	
11	Lehlohonolo	Letsielo	D7	4:50.19	0	670	

Result Event 34 - 1500m Girls 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Nolia	Maruta	D6	5:04.71	7	694	
4	Morgan	Harmse	D11	5:07.68	2	679	
5	Lisa	Vismer Bartman	D2	5:12.63	1	657	
6	Nompumelelo	Mabuza	D5	5:15.32	0	645	
7	Shannon	Adendorff	D9	5:16.72	0	639	
8	Reamogetse	Ragedi	D10	5:29.16	0	588	
9	Hanna	Korend	D8	5:30.33	0	584	
10	Katinka	Chaplin	D12	5:46.65	0	524	
11	Tamelin	Last	D7	6:00.53	0	479	
12	Realise A	Khosa	D14	6:47.49	0	348	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kiana	Pepler	D17	5:10.99	7	664	
2	Tsepiso	Mofokeng	D6	5:11.07	5	664	
4	Selna	Van As	D8	5:11.59	2	662	
7	Hayley	Jose	D10	5:21.22	0	620	
8	Katelyn	Van Wyk	D7	5:33.29	0	572	
9	Chenique	Goosen	D5	5:50.01	0	513	
10	Vanessa	Ngwenya	D15	5:55.03	0	496	
11	Kelly	Poggiolini	D12	6:06.86	0	459	
12	Olivia	Mohlala	D3	6:13.56	0	439	
13	Lesedi H	Nkidi	D14	6:47.14	0	349	

Result Event 76 - 1500m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Luca	de Waal	D4	4:35.68	7	858	
2	Cassidy	Bosman	D17	4:36.43	5	853	
3	Kiona	Robinson	D2	4:36.95	3	849	
4	Megan	Roome	D11	4:40.76	2	825	
5	Elizma	le Roux	D4	4:42.09	1	816	

Result Event 35 - 1500m Boys 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marceghlle	Wakefield	D2	4:21.74	7	772	
2	Francois	Scheepers	D4	4:21.83	5	772	
3	Marthinus	Bouwer	D11	4:22.02	3	771	
4	Junior	Mphela	D17	4:22.33	2	769	
5	Zammy	Moyo	D10	4:22.62	1	767	
6	Samkelo	Mkhize	D12	4:23.01	0	765	
7	Dian	Becker	D6	4:23.83	0	761	
8	Wynand	De Goede	D7	4:24.52	0	758	
9	Ntando	Mokoka	D5	4:25.69	0	752	
10	Reoagile	Leso	D15	4:36.09	0	703	
11	Samukelo	Msiza	D1	4:42.63	0	675	
12	Nicholas	Mononyane	D3	4:45.36	0	664	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Katleho	Khumalo	D7	4:19.30	7	785	
2	Bradburn	Mtisi	D15	4:19.78	5	782	
3	Rhulni	Mkansi	D10	4:20.41	3	779	
4	Dylan	Opperman	D2	4:20.73	2	777	
5	Ciano	Titus	D4	4:21.07	1	775	
6	Colin	Waller	D17	4:21.33	0	774	
7	Livhuwani	Mutavhatsindi	D6	4:26.88	0	746	
8	Onesmus	Ncube	D11	4:29.97	0	731	
9	Donovan	Van Zyl	D5	4:30.62	0	728	
10	Themba	Nkosi	D8	4:35.83	0	704	

Result Event 77 - 1500m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marceghlle	Wakefield	D2	4:06.51	7	859	
2	Francois	Scheepers	D4	4:07.58	5	852	
3	Junior	Mphela	D17	4:08.39	3	847	
4	Ciano	Titus	D4	4:15.16	2	807	
5	Colin	Waller	D17	4:16.29	1	801	
6	Samkelo	Mkhize	D12	4:16.63	0	799	
7	Zammy	Moyo	D10	4:17.21	0	796	
8	Marthinus	Bouwer	D11	4:17.52	0	794	
9	Dylan	Opperman	D2	4:18.40	0	790	
10	Ntando	Mokoka	D5	4:18.61	0	788	
11	Wynand	De Goede	D7	4:18.79	0	787	
12	Livhuwani	Mutavhatsindi	D6	4:23.62	0	762	
13	Dian	Becker	D6	4:26.04	0	750	

Result Event 11 - 1500m Women 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Katelyn	Steenkamp	D5	5:16.45	7	632	
2	Wiepke	Schoeman	D4	5:16.58	5	631	
3	Lika	Strydom	D11	5:16.70	3	631	
4	Kamogelo	Makgoka	D6	5:16.75	2	631	
5	Mianda	De Wit	D17	5:16.76	1	631	
6	Natash	Botes	D12	5:21.96	0	609	
7	Kay-Lee	Billings	D7	5:30.78	0	574	
8	Mishalia	Moodley	D9	6:05.25	0	457	
9	Tshenolo	Sebueng	D10	6:23.27	0	405	
10	L	Kgwedi	D15	7:03.17	0	305	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lerato	Moromodi	D6	5:07.16	7	673	
2	Dieketseng	Motsoeneng	D9	5:07.83	5	670	
3	Bronwyn	Nel	D17	5:08.18	3	668	
4	Courtney	Sole	D2	5:11.93	2	652	
5	Klarissa	Engelbrecht	D4	5:27.89	1	585	
6	Jolaine	Aucamp	D5	5:37.38	0	550	
7	Leane	Pienaar	D3	5:53.51	0	494	
8	Zodwa	Thebehadi	D8	6:30.27	0	386	
9	Angel	Masango	D1	7:03.16	0	305	
10	Dewt	Tshabalala	D14	7:11.60	0	287	
11	Uluthando	Mbatha	D7	8:11.15	0	170	

Result Event 90 - 1500m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Wiepke	Schoeman	D4	4:37.30	7	836	
2	Lika	Strydom	D11	4:44.38	5	792	
3	Courtney	Sole	D2	4:46.99	3	777	
4	Lerato	Moromodi	D6	4:53.14	2	743	
5	Katelyn	Steenkamp	D5	4:54.25	1	737	
6	Bronwyn	Nel	D17	5:02.56	1	695	
7	Dieketseng	Motsoeneng	D9	5:07.07	1	674	
8	Mianda	De Wit	D17	5:14.94	0	638	
9	Kamogelo	Makgoka	D6	5:27.69	0	586	
10	Natash	Botes	D12	5:41.81	0	534	

Result Event 12 - 1500m Men 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kevin	Hickley	D17	4:02.58	7	851	
2	Xavier	Van der Leek	D4	4:02.62	5	851	
3	Manyedi	Griffits	D2	4:11.03	3	801	
4	Markus	Delpport	D6	4:11.96	2	795	
5	Zane	Strydom	D11	4:11.99	1	795	
6	Keagan	Botha	D5	4:13.43	0	787	
7	Mpumelelo	Kunene	D9	4:14.35	0	782	
8	Boiketlo	Makhundu	D15	4:20.15	0	752	
9	Anga	Manyongwana	D12	4:26.51	0	721	
10	Vuyo	Mcombolo	D7	4:30.37	0	703	
11	Sello	Mokua	D3	4:52.43	0	612	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Thabang	Hajane	D17	4:13.10	7	789	
2	Francois	Visagie	D4	4:14.42	5	782	
3	Zenzile	Pheko	D2	4:14.91	3	779	
4	Tebogo	Matsimela	D9	4:18.57	2	760	
5	Katlego	Manyeki	D14	4:19.32	1	756	
6	Teboho	Dhlamini	D6	4:19.80	0	754	
8	Christiaan	Smuts	D7	4:30.49	0	703	
9	L	Msiza	D15	4:30.81	0	701	
10	Shelton	Mhlanga	D5	4:30.81	0	701	
11	Mohau	Senokoane	D8	4:31.50	0	698	
12	Kgothatso	Legwale	D12	4:38.19	0	669	
13	Andile	Tshandu	D11	4:43.19	0	648	

Result Event 91 - 1500m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Xavier	Van der Leek	D4	3:54.09	7	909	
2	Zenzile	Pheko	D2	3:58.32	5	879	
3	Francois	Visagie	D4	3:59.78	3	869	
4	Kevin	Hickley	D17	4:00.19	2	866	
5	Zane	Strydom	D11	4:01.21	1	860	
6	Thabang	Hajane	D17	4:06.78	0	825	
7	Manyedi	Griffits	D2	4:09.21	0	811	
8	Markus	Delpport	D6	4:09.45	0	810	
9	Keagan	Botha	D5	4:13.39	0	788	
10	Teboho	Dhlamini	D6	4:15.83	0	774	
11	Tebogo	Matsimela	D9	4:19.13	0	757	
12	Boiketlo	Makhundu	D15	4:26.64	0	720	
13	Anga	Manyongwana	D12	4:30.95	0	700	

Result Event 112A - 3000m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tshoganyetso	More	D10	10:31.20	7	891	
2	Katelin	Heymans	D6	10:36.29	5	884	
3	Mapaseka	Mongatane	D9	10:49.93	3	865	
4	Kelly-Lynn	Barkley	D6	10:50.81	2	864	
5	Taya	Pelser	D2	11:00.17	1	852	
6	Jodene	Shawe	D2	11:09.72	0	840	
7	Halalelo	Mkansi	D10	11:33.34	0	812	
8	Natasha	Ndlovu	D11	11:33.47	0	812	
9	Molebogeng	Ngale	D2	11:53.99	0	790	
10	Dorfling	Kendra	D17	11:54.77	0	789	
11	Katiana	Wiese	D8	12:32.41	0	751	
12	K	Simelano	D4	12:56.91	0	729	

Result Event 112B - 3000m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Wiepke	Schoeman	D4	10:27.28	7	877	
2	Lerato	Moromodi	D6	11:01.84	5	832	
3	Katelyn	Steenkamp	D5	11:11.52	3	820	
4	Abigail	Evitts	D8	11:35.73	2	793	
5	Natash	Botes	D12	11:57.14	1	770	
6	Cyanda	Bekker	D7	12:14.51	0	753	
7	Lea	Bresler	D7	12:38.01	0	731	
8	Jennifer	Van Eden	D3	12:55.14	0	716	
9	Alyssa-Lee	J V Rensburg	D4	13:05.72	0	706	

Result Event 133 - 3000m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Tyran	Brooks	D6	8:46.76	7	938	R
2	Junior	Noah	D2	9:15.97	5	868	
3	Siyanda	Malone	D9	9:17.50	3	865	
4	Michael	Bekker	D17	9:41.45	2	816	
5	Conrad	Scheepers	D4	9:50.34	1	799	
6	Thabang	Mokgatla	D5	9:55.54	0	790	
7	Banele	Mchunukekwa	D5	10:21.49	0	745	
8	Katlego	Pitso	D10	10:45.29	0	709	
9	Lindani	Nkabini	D9	10:46.12	0	707	
10	Luan	Van Der Linde	D7	10:49.33	0	703	
11	Bokang	Tsoari	D8	11:01.32	0	686	

Result Event 158 - 3000m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Luca	de Waal	D4	10:23.32	7	888	
2	Luane	Smit	D4	10:26.72	5	883	
3	Megan	Roome	D11	10:46.63	3	856	
4	Katherine	Hamman	D2	10:57.18	2	843	
5	Minjunet	Smit	D7	11:08.99	1	828	
6	Nolia	Maruta	D6	11:23.27	0	811	
7	Chemene	Mentz	D11	11:36.82	0	796	
8	Shannon	Adendorff	D9	11:45.15	0	787	
9	Hayley	Jose	D10	11:55.69	0	776	
10	Lize-Mari	De Beer	D17	12:05.38	0	766	

Result Event 160 - 3000m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Marceghlle	Wakefield	D2	9:05.36	7	865	
2	Rico	Coetzer	D4	9:06.57	5	862	
3	Tshepang	Tshivula	D4	9:12.16	3	850	
4	Rhulni	Mkansi	D10	9:18.74	2	836	
5	Katleho	Khumalo	D7	9:26.52	1	821	
6	Onesmus	Ncube	D11	9:29.46	0	815	
7	Ntando	Mokoka	D5	9:31.94	0	810	
8	Samkelo	Mkhize	D12	9:38.79	0	797	
9	Kgothatso	Monnatlala	D2	9:46.80	0	782	
10	Creflo	Ruiters	D6	9:46.94	0	782	

Result Event 167 - 5000m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Wiepke	Schoeman	D4	18:43.94	7	826	
2	Lika	Strydom	D11	18:50.84	5	821	
3	Lerato	Moromodi	D6	19:01.11	3	813	
4	Chantelle	Van Niekerk	D4	19:18.11	2	800	
5	Chenelle	Axsel	D2	19:46.64	1	780	
6	Bronwyn	Nel	D17	19:57.87	0	772	
7	Zabine	Von Westernhagen	D4	20:41.65	0	744	

Result Event 168 - 5000m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kevin	Hickley	D17	15:15.53	7	901	
2	Johan	Roelofse	D4	15:16.88	5	900	
3	Sam	Mabe	D4	15:20.50	3	896	
4	Thabang	Hajane	D17	15:24.02	2	892	
5	Teboho	Dhlamini	D6	15:30.07	1	885	
6	Francois	Visagie	D4	15:31.42	0	883	
7	Zenzile	Pheko	D2	15:36.88	0	877	
8	Hiro	Keet	D4	16:02.31	0	851	
9	Mphumelelo	Kunene	D9	16:11.30	0	842	
10	Beloved	Tshuma	D11	16:18.89	0	834	
11	Boiketlo	Makhundu	D15	16:24.39	0	829	
12	Mavela	Makhubela	D9	16:48.44	0	807	