

Result Event 13 - 100m Girls 15Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mikayla	Smit	D2	12.65	7	845	
2	Dantey	Smith	D5	12.76	5	835	
3	Jochelle	Lombaard	D1	12.77	3	835	
4	Diane	Dippenaar	D4	12.99	2	816	
5	Katleho	Mohale	D6	13.38	1	780	
6	Cecilia	Malunda	D17	13.41	0	771	
7	Uthando	Mogagabe	D3	13.74	0	747	
8	Angel	Achusi	D15	13.86	0	739	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Siphesihle	Ndjebo	D9	13.12	7	797	
2	Elri	Coetser	D10	13.22	5	788	
3	Zheete	Gordon	D8	13.37	3	780	
4	Elume	J V Rensburg	D7	13.55	2	763	
5	Alice	Mpota	D11	13.69	1	755	
6	Skyla	Blignaut	D12	13.73	0	747	
7	Letabo	Matibe	D4	14.03	0	723	
8	Kutlwano P	Mphuthi	D14	15.02	0	654	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Nové	Murray	D6	12.95	7	816	
2	Ashley	Robbertse	D17	13.09	5	806	
3	Carli	Jacobs	D5	13.45	3	771	
4	Sisipho N	Mwelase	D14	13.84	2	739	
5	A	Mohlala	D15	13.99	1	731	
6	Lesego	Hlapa	D3	14.42	0	694	
7	Pretty	Mavungu	D1	14.45	0	694	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Oluchi	Ndubueze	D10	12.24	7	887	
2	Joane	Jordaan	D7	12.32	5	876	
3	Chane	Niehaus	D17	12.86	3	825	
4	Elouise	J Van Rensburg	D8	12.91	2	816	
5	Paris	Okoye	D9	12.96	1	816	
6	Lebogang	Ngobese	D12	13.68	0	755	
7	Tumo	Manyetsa	D11	15.29	0	641	

Result Event 48 - 100m Girls 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Joane	Jordaan	D7	12.27	7	887	
2	Oluchi	Ndubueze	D10	12.47	5	865	
3	Jochelle	Lombaard	D1	12.98	3	816	
4	Nové	Murray	D6	13.06	2	806	
5	Diane	Dippenaar	D4	13.06	1	806	
6	Elouise	J Van Rensburg	D8	13.09	0	806	
7	Zheete	Gordon	D8	13.21	1	788	
8	Ashley	Robbertse	D17	13.38	0	780	

Result Event 48 - 100m Girls 15Years (Semi-Final)

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mikayla	Smit	D2	12.86	7	825	
2	Paris	Okoye	D9	12.96	5	816	
3	Dantey	Smith	D5	12.94	3	816	
4	Chane	Niehaus	D17	13.04	2	806	
5	Elri	Coetser	D10	13.15	1	797	
6	Katleho	Mohale	D6	13.26	0	788	
7	Siphesihle	Ndjebo	D9	13.39	0	780	
8	Carli	Jacobs	D5	13.65	0	755	

Result Event 84 - 100m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Oluchi	Ndubueze	D10	12.12	7	898	
2	Joane	Jordaan	D7	12.15	5	898	
3	Mikayla	Smit	D2	12.47	3	865	
4	Dantey	Smith	D5	12.53	2	855	
5	Paris	Okoye	D9	12.73	1	835	
6	Nové	Murray	D6	12.74	1	835	
7	Chane	Niehaus	D17	12.88	0	825	
8	Jochelle	Lombaard	D1	12.93	0	816	

Result Event 14 - 100m Boys 15Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Calvin	Kandira	D6	11.43	7	709	
2	Juanre	Groenewald	D17	11.52	5	691	
3	Micheal	Hichs	D5	11.57	3	691	
4	Hope	Lepholletsa	D2	11.77	2	657	
5	Tshegofatso	Monaise	D14	11.82	1	640	
6	Masilo	Makwala	D3	13.12	0	460	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kgoputso	Manaleng	D9	11.09	7	788	
2	Chibunna	Ehirim	D10	11.30	5	747	
3	Zander	Davel	D4	11.32	3	728	
4	Prince	Dzentima	D8	11.39	2	728	
5	Zuan	Kruger	D11	11.63	1	673	
6	Riard	Botha	D7	11.93	0	624	
7	Deacon	Vd Horst	D12	11.99	0	624	
8	Andile	Mvubu	D3	12.97	0	485	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Malaese	Pila	D6	11.56	7	691	
2	Siyabonga Prince	Nyathi	D14	11.58	5	691	
3	Logan	Oosthuizen	D9	11.63	3	673	
4	Alexander	Aziz	D17	11.67	2	673	
5	Blessing	Monareng	D2	12.04	1	609	
6	Thato	Mokwena	D15	12.12	0	593	
7	Jonathan	Motau	D1	12.56	0	537	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Amogelang	Msiza	D4	11.31	7	728	
2	Divan	Swanepoel	D8	11.64	5	673	
3	Ugochukwu	Osuigwe	D10	11.79	3	657	
4	Likamva	Thumani	D12	12.01	2	609	
5	Junior	Lekalakala	D11	12.25	1	579	

Result Event 49 - 100m Boys 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Malaese	Pila	D6	11.50	7	709	
2	Calvin	Kandira	D6	11.60	5	691	
3	Juanre	Groenewald	D17	11.57	3	691	
4	Siyabonga Prince	Nyathi	D14	11.63	2	673	
5	Alexander	Aziz	D17	11.73	1	657	
6	Micheal	Hichs	D5	11.71	0	657	
7	Prince	Dzentima	D8	11.81	0	640	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chibunna	Ehirim	D10	11.20	7	767	
2	Amogelang	Msiza	D4	11.17	5	767	
3	Kgoputso	Manaleng	D9	11.15	3	767	
4	Zander	Davel	D4	11.48	2	709	
5	Ugochukwu	Osuigwe	D10	11.76	1	657	
6	Zuan	Kruger	D11	11.75	0	657	
7	Hope	Lepholletsa	D2	11.82	0	640	
8	Divan	Swanepoel	D8	11.96	0	624	

Result Event 85 - 100m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chibunna	Ehirim	D10	11.01	7	788	
2	Amogelang	Msiza	D4	11.03	5	788	
3	Kgoputso	Manaleng	D9	11.04	3	788	
4	Zander	Davel	D4	11.36	2	728	
5	Siyabonga Prince	Nyathi	D14	11.39	1	728	
6	Juanre	Groenewald	D17	11.43	0	709	
7	Malaese	Pila	D6	11.46	0	709	

Result Event 15 - 100m Girls 17Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaylie	R.V Oudtshoorn	D2	12.16	7	878	
2	Jessica	Botha	D6	12.54	5	836	
3	Jessica	Gomes	D17	12.90	3	807	
4	Adaora	Odinwankpa	D9	13.06	2	789	
5	Tintswalo Z	Ngubane	D14	13.39	1	763	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lolwethu	Makasi	D10	12.56	7	836	
2	Chrystabel	Davis	D4	12.79	5	816	
3	Amae	de Klerk	D11	12.83	3	807	
4	Abinica	Maritz	D3	13.29	2	771	
5	Marioniq	Henning	D7	13.63	1	738	
6	Vinique	Van Der Merwe	D15	14.13	0	701	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hope	Vermaak	D2	12.14	7	878	
2	Ariana	Grobbelaar	D6	12.57	5	836	
3	Charne	Groenewald	D17	13.17	3	780	
4	Ella	Stacey	D10	13.25	2	771	
5	Sinenhlanhla	Ngwenya	D14	13.42	1	755	
6	Thalitha	V.Staden	D5	13.57	0	746	
7	Relebogile	Rakgole	D9	13.71	0	731	
8	Anele	Mashiane	D1	16.68	0	549	

Result Event 15 - 100m Girls 17Years (Heat)

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ashlynn	Norman	D6	12.43	7	846	
2	Astrid	Fourie	D8	12.67	5	826	
3	Tracy	Stephens	D12	12.85	3	807	
4	Lune	Wepener	D7	13.26	2	771	
5	Edujie	Emua	D11	13.56	1	746	

Result Event 54 - 100m Girls 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hope	Vermaak	D2	12.07	7	889	
2	Kaylie	R.V Oudtshoorn	D2	12.04	5	889	
3	Jessica	Botha	D6	12.58	3	836	
4	Ariana	Grobbelaar	D6	12.65	2	826	
5	Adaora	Odinwankpa	D9	12.87	1	807	
6	Jessica	Gomes	D17	13.00	0	798	
7	Charme	Groenewald	D17	13.10	0	789	
8	Ella	Stacey	D10	13.22	0	771	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lolwethu	Makasi	D10	12.77	7	816	
2	Chrystabel	Davis	D4	12.89	5	807	
3	Ashlynn	Norman	D6	13.11	3	780	
4	Astrid	Fourie	D8	13.23	2	771	
5	Tracy	Stephens	D12	13.22	1	771	
6	Amae	de Klerk	D11	13.22	0	771	
7	Abinica	Maritz	D3	13.51	0	746	
8	Lune	Wepener	D7	13.96	0	715	

Result Event 86 - 100m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hope	Vermaak	D2	11.94	7	901	
2	Kaylie	R.V Oudtshoorn	D2	11.95	5	901	
3	Lolwethu	Makasi	D10	12.40	3	856	
4	Chrystabel	Davis	D4	12.41	2	846	
5	Ariana	Grobbelaar	D6	12.45	1	846	
6	Adaora	Odinwankpa	D9	12.94	0	798	

Result Event 16 - 100m Boys 17Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ofentse	Nondabula	D17	10.85	7	786	
2	Aiden	Bester	D2	10.93	5	765	
3	Dylan	Cooper	D9	11.35	3	688	
4	Giteau	Berry	D6	11.36	2	688	
5	Bronwayne	Bougaard	D14	11.76	1	620	
6	Leslie	Van Zijl	D1	11.78	1	620	
7	Zander	Foxcroft	D10	13.50	0	397	

Result Event 16 - 100m Boys 17Years (Heat)

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Adiel	Buthelezi	D7	11.47	7	670	
2	Amogelang	Tshoagong	D4	11.54	5	653	
3	Mutami	Mokotlo	D11	11.79	3	620	
4	John	Ndlovu	D3	12.06	2	574	
5	Kyron	Bezuidenhout	D5	12.09	1	574	
6	Ikageng	Mpofane	D15	12.50	0	518	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mokuno	Manavhela	D9	10.75	7	808	
2	Dylan	Scheepers	D17	11.27	5	706	
3	Simphiwe	Kubheka	D2	11.53	3	653	
4	Devine	Mavungu	D6	11.63	2	636	
5	Jeandry	Jamneck	D10	11.72	1	620	
6	Sthembiso	Qina	D11	12.47	0	518	
7	Comfort	Shabalala	D1	13.19	0	431	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Martin	Joubert	D7	11.00	7	765	
2	Emmanuel	Orugbo	D12	11.29	5	708	
3	Khodani	Nwebo	D12	11.54	3	653	
4	Onthatile	Galane	D4	11.58	2	653	
5	Eon	V D Westhuizen	D8	11.83	1	604	
6	Moyisi	Qwalana	D15	11.93	1	589	

Result Event 55 - 100m Boys 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mokuno	Manavhela	D9	10.58	7	855	
2	Aiden	Bester	D2	10.94	5	765	
3	Dylan	Scheepers	D17	11.20	3	725	
4	Martin	Joubert	D7	11.12	2	725	
5	Giteau	Berry	D6	11.28	1	706	
6	Dylan	Cooper	D9	11.45	0	670	
7	Devine	Mavungu	D6	11.67	0	636	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ofentse	Nondabula	D17	10.80	7	808	
2	Emmanuel	Orugbo	D12	11.23	5	706	
3	Amogelang	Tshoagong	D4	11.33	3	688	
4	Simphiwe	Kubheka	D2	11.50	2	670	
5	Mutami	Mokotlo	D11	11.73	1	620	

Result Event 87 - 100m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mokuno	Manavhela	D9	10.37	7	908	
2	Ofentse	Nondabula	D17	10.53	5	855	
3	Aiden	Bester	D2	10.83	3	786	
4	Martin	Joubert	D7	10.95	2	765	
5	Dylan	Scheepers	D17	11.04	1	744	
6	Amogelang	Tshoagong	D4	11.11	0	725	
7	Giteau	Berry	D6	11.13	0	725	
8	Emmanuel	Orugbo	D12	11.27	0	706	

Result Event 19 - 100m Women 19Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaili	Botje	D10	12.27	7	848	
2	Diana	Eze	D9	12.52	5	818	
3	Inge	Keyser	D2	13.15	3	764	
4	Melisha	Bujak	D7	13.60	2	731	
5	Zineth A	Loilane	D14	14.03	1	693	
6	Atlegang	Ramasike	D11	14.18	0	686	
7	Abygail	Landsberg	D12	14.38	0	672	
8	Minenhle	Mahlangu	D1	15.21	0	614	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ameenat	Fagbemi	D6	12.73	7	799	
2	Khanyisile	Jass	D4	12.94	5	781	
3	Angelique	Benade	D8	13.17	3	764	
4	Alisha	Barcelos	D17	13.60	2	731	
5	Mbali	Soko	D5	14.21	1	679	
6	Kelebogile	Mokase	D3	14.35	0	672	
7	Dimakatso	Qibi	D1	16.65	0	537	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chardone	Smidt	D7	12.03	7	870	
2	Anwin	Bouwer	D2	12.94	5	781	
3	Liqhame	Ngcaku	D9	13.06	3	772	
4	Zandre	Du Plessis	D8	13.20	2	764	
5	Lisa G	Pinto	D14	13.49	1	739	
6	Xihlovo	Shikwambana	D11	14.03	0	693	
7	Desilver	Thalia	D10	15.07	0	626	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Cindy	Pretorius	D6	13.05	7	772	
2	Keesha	Bushe	D17	13.24	5	755	
3	Boikanyo	Maluleke	D10	13.63	3	723	
4	Asanda	Mthetwha	D4	14.25	2	679	
5	Neo	Motiang	D15	14.42	1	665	
6	Keabetswe	Legoadi	D5	14.67	0	652	

Result Event 58 - 100m Women 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chardone	Smidt	D7	12.24	7	848	
2	Diana	Eze	D9	12.51	5	818	
3	Ameenat	Fagbemi	D6	12.80	3	799	
4	Liqhame	Ngcaku	D9	13.10	2	772	
5	Anwin	Bouwer	D2	13.11	1	764	
6	Zandre	Du Plessis	D8	13.33	0	747	
7	Melisha	Bujak	D7	13.49	0	739	
8	Angelique	Benade	D8	13.42	0	739	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaili	Botje	D10	12.32	7	838	
2	Cindy	Pretorius	D6	12.89	5	790	
3	Khanyisile	Jass	D4	12.82	3	790	
4	Inge	Keyser	D2	13.06	2	772	
5	Lisa G	Pinto	D14	13.33	1	747	
6	Keesha	Bushe	D17	13.32	0	747	

Result Event 58 - 100m Women 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chardone	Smidt	D7	12.24	7	848	
2	Diana	Eze	D9	12.51	5	818	
3	Ameenat	Fagbemi	D6	12.80	3	799	
4	Liqhame	Ngcaku	D9	13.10	2	772	
5	Anwin	Bouwer	D2	13.11	1	764	
6	Zandre	Du Plessis	D8	13.33	0	747	
7	Melisha	Bujak	D7	13.49	0	739	
8	Angelique	Benade	D8	13.42	0	739	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaili	Botje	D10	12.32	7	838	
2	Cindy	Pretorius	D6	12.89	5	790	
3	Khanyisile	Jass	D4	12.82	3	790	
4	Inge	Keyser	D2	13.06	2	772	
5	Lisa G	Pinto	D14	13.33	1	747	
6	Keesha	Bushe	D17	13.32	0	747	

Result Event 88 - 100m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaili	Botje	D10	11.83	7	892	
2	Chardone	Smidt	D7	12.02	5	870	
3	Diana	Eze	D9	12.28	3	848	
4	Ameenat	Fagbemi	D6	12.58	2	818	
5	Khanyisile	Jass	D4	12.74	1	799	
6	Cindy	Pretorius	D6	13.04	0	772	
7	Inge	Keyser	D2	13.08	0	772	
8	Liqhame	Ngcaku	D9	13.34	0	747	

Result Event 20 - 100m Men 19Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
3	Levi	Watkins	D11	11.00	3	730	
4	Shenon	Macfarlane	D14	11.41	2	640	
5	Ryan	Rebstein	D10	11.49	1	640	
6	Lesedi	Maleka	D12	11.49	1	640	
7	Oratile	Dyoyi	D8	11.52	0	623	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Lungelo	Maseko	D5	11.20	5	692	
3	Karabo	Ndhlovu	D1	11.28	3	674	
4	Delaray	V.D. Berg	D2	11.41	2	640	
5	Tian	Aucamp	D17	11.43	1	640	
6	V	Masilela	D15	12.19	0	533	
7	Francios	Mabotja	D3	12.52	0	480	
8	Kyle	Blignaut	D4	15.21	0	206	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
3	Thabang	Kobeli	D8	11.39	3	657	
4	Oratile M	Machaba	D14	11.56	2	623	
5	Sibusiso	Mpembe	D7	11.68	1	607	
6	Thabo	Motsumi	D11	11.81	0	576	
7	Chegofatso	Masete	D9	12.52	0	480	

Result Event 20 - 100m Men 19Years (Heat)

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ryhan	Smit	D6	10.77	7	771	
3	Lesedi	Mosia	D17	11.16	3	692	
4	Waldo	Koeleman	D4	11.31	2	657	
5	Tshiamo	Phokoby	D1	11.33	1	657	
6	Kgosi	Ntuli	D15	11.65	0	607	
7	Neo	Mngwenya	D5	11.73	0	592	

Result Event 59 - 100m Men 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Keamogetswe	Matabane	D2	10.99	5	730	
3	Watson	Magwenzi	D9	10.94	3	730	
4	David	Kazadi	D12	11.10	2	711	
5	Karabo	Ndhlovu	D1	11.28	1	674	
6	Levi	Watkins	D11	11.23	0	674	
7	Waldo	Koeleman	D4	11.34	0	657	
8	Shenon	Macfarlane	D14	11.64	0	607	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Bokamoso	Shabangu	D4	10.97	7	730	
2	Nhlanhla	Kwezi	D2	11.14	5	692	
3	Shawlynne	Mienies	D6	11.12	3	692	
4	Lungelo	Maseko	D5	11.24	2	674	
5	Lesedi	Mosia	D17	11.33	1	657	
6	Delaray	V.D. Berg	D2	11.64	0	607	
7	Thabang	Kobeli	D8	11.75	0	592	
8	Tshiamo	Phokoby	D1	12.23	0	519	

Result Event 89 - 100m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Bokamoso	Shabangu	D4	10.68	7	793	
2	Ryhan	Smit	D6	10.77	5	771	
3	Watson	Magwenzi	D9	10.83	3	751	
4	Shawlynne	Mienies	D6	10.88	2	751	
5	Keamogetswe	Matabane	D2	10.88	1	751	
6	David	Kazadi	D12	11.03	0	711	
7	Nhlanhla	Kwezi	D2	11.10	0	711	

Result Event 99 - 200m Girls 15Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Oluchi	Ndubueze	D10	25.59	7	890	
2	Lynnè	Heymans	D8	26.94	5	827	
3	Elume	J V Rensburg	D7	27.01	3	823	
4	Boitumelo	Masuku	D9	27.11	2	819	
5	Kaylee	Cloete	D11	28.30	1	777	
6	Lebogang	Ngobese	D12	28.91	0	752	
7	Shantel- Karabo	Hlongwane	D3	31.49	0	675	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Dantey	Smith	D5	25.77	7	880	
2	Mikayla	Smit	D2	25.96	5	871	
3	Paris	Okoye	D9	26.24	3	857	
4	Cecilia	Malunda	D17	27.50	2	807	
5	Katleho	Mohale	D6	28.63	1	763	
6	Sisipho N	Mwelase	D14	31.87	0	664	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Joane	Jordaan	D7	25.79	7	880	
2	Elouise	J Van Rensburg	D8	26.51	5	844	
3	Zuanique	Butler	D4	27.01	3	823	
4	Nieke	Vanzyl	D10	28.09	2	784	
5	Leeya	Baulackey	D12	28.16	1	781	
6	Angel	Mohlala	D15	29.31	0	742	
7	Benti	Mahlatsi	D11	30.56	0	701	
8	surprise	Tivane	D3	30.77	0	695	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jochelle	Lombaard	D1	26.36	7	853	
2	Renette	Strydom	D17	26.80	5	836	
3	Mieke	Van Den Berg	D6	27.24	3	815	
4	Carli	Jacobs	D5	28.09	2	784	

Result Event 134 - 200m Girls 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Oluchi	Ndubueze	D10	25.11	7	910	
2	Joane	Jordaan	D7	25.32	5	900	
3	Mikayla	Smit	D2	25.93	3	871	
4	Paris	Okoye	D9	26.09	2	866	
5	Renette	Strydom	D17	26.60	1	844	
6	Zuanique	Butler	D4	27.17	0	819	
7	Boitumelo	Masuku	D9	27.28	0	815	
8	Nieke	Vanzyl	D10	28.09	0	784	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Dantey	Smith	D5	25.80	7	880	
2	Elouise	J Van Rensburg	D8	26.42	5	848	
3	Jochelle	Lombaard	D1	26.42	3	848	
4	Lynnè	Heymans	D8	26.92	2	827	
5	Mieke	Van Den Berg	D6	26.99	1	827	
6	Elume	J V Rensburg	D7	27.24	0	815	
7	Cecilia	Malunda	D17	27.28	0	815	
8	Carli	Jacobs	D5	28.09	0	784	

Result Event 161 - 200m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Oluchi	Ndubueze	D10	25.30	7	904	
2	Joane	Jordaan	D7	25.30	5	904	
3	Dantey	Smith	D5	26.06	3	866	
4	Mikayla	Smit	D2	26.08	2	866	
5	Paris	Okoye	D9	26.21	1	857	
6	Jochelle	Lombaard	D1	27.01	0	823	
7	Renette	Strydom	D17	27.05	0	823	
8	Elouise	J Van Rensburg	D8	27.41	0	807	

Result Event 100 - 200m Boys 15Years (Heat)

Heat 1 of 5

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chibunna	Ehirim	D10	23.05	7	753	
2	Michael	Shanzi	D4	23.38	5	719	
3	Cornelius	Robberts	D8	24.17	3	645	
4	Duan	Kapp	D7	24.44	2	622	
5	Junior	Lekalakala	D11	24.81	1	591	
6	Tshiamo	Malapile	D3	30.05	0	271	

Heat 2 of 5

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jaydon	Fairlie	D2	23.06	7	752	
2	Molefe	Molefe	D6	23.11	5	747	
3	Mikyle	Pursad	D17	23.71	3	687	
4	Oratile	Matlholwe	D14	27.47	2	408	

Heat 3 of 5

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Zander	Davel	D4	23.53	7	704	
2	Daniel	Kelbrick	D11	23.70	5	688	
3	Divan	Swanepoel	D8	24.06	3	655	
4	Deacon	Vd Horst	D12	24.80	2	592	
5	Bright	Mutombe	D9	25.83	1	515	

Heat 4 of 5

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Malaese	Pila	D6	23.54	7	704	
2	Juanre	Groenewald	D17	23.60	5	698	
3	Micheal	Hicks	D5	23.75	3	683	
4	Kaiden	Herst	D5	25.07	2	571	
5	Thato	Mokwena	D15	25.57	1	533	
6	Sabelo	Sithole	D1	26.19	0	490	
7	Lungile	Molaoa	D3	27.39	0	413	

Heat 5 of 5

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Logan	Oosthuizen	D9	23.47	7	710	
2	Siyabonga Prince	Nyathi	D14	23.70	5	688	
3	Victor	Ugbaja	D9	23.95	3	665	
4	John	De Clerk	D3	24.45	2	621	
5	Selemane	Gxadi	D3	24.67	1	603	

Result Event 135 - 200m Boys 15Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Michael	Shanzi	D4	23.26	7	704	
2	Chibunna	Ehirim	D10	23.32	5	694	
3	Malaese	Pila	D6	23.47	3	684	
4	Logan	Oosthuizen	D9	23.58	2	675	
5	Daniel	Kelbrick	D11	24.09	1	630	
6	Mikyle	Pursad	D17	24.26	0	614	
7	Cornelius	Robberts	D8	24.27	0	614	
8	Victor	Ugbaja	D9	24.32	0	605	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Molefe	Molefe	D6	22.86	7	744	
2	Jaydon	Fairlie	D2	23.05	5	723	
3	Zander	Davel	D4	23.45	3	684	
4	Micheal	Hicks	D5	23.54	2	675	
5	Juanre	Groenewald	D17	23.69	1	666	
6	Duan	Kapp	D7	24.42	0	597	
7	Divan	Swanepoel	D8	24.73	0	573	

Result Event 162 - 200m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Molefe	Molefe	D6	22.63	7	765	
2	Jaydon	Fairlie	D2	23.01	5	723	
3	Michael	Shanzi	D4	23.09	3	723	
4	Malaese	Pila	D6	23.15	2	713	
5	Chibunna	Ehirim	D10	23.22	1	704	
6	Logan	Oosthuizen	D9	23.42	0	684	
7	Zander	Davel	D4	23.54	0	675	
8	Micheal	Hicks	D5	23.78	0	657	

Result Event 101 - 200m Girls 17Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lennique	De Winnaar	D8	26.08	7	849	
2	Ntomenhle	Shabangu	D3	26.19	5	844	
3	Chrystabel	Davis	D4	26.60	3	827	
4	Edujie	Emua	D11	27.55	2	787	
5	Promise	Masuku	D5	28.28	1	762	
6	Mvelo	Gova	D12	29.54	0	718	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaylie	R.V Oudtshoorn	D2	24.52	7	921	
2	Luanne	Du Plooy	D6	25.60	5	871	
3	Lolwethu	Makasi	D10	25.69	3	867	
4	Jessica	Gomes	D17	26.60	2	827	
5	Sun Marie	Debeer	D1	28.43	1	755	
6	Paiten	Fletcher	D9	28.55	0	751	
7	Courtney W	George	D14	30.90	0	679	

Result Event 101 - 200m Girls 17Years (Heat)

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Astrid	Fourie	D8	26.40	7	836	
2	Tracy	Stephens	D12	27.12	5	803	
3	Thalitha	V.Staden	D5	27.39	3	795	
4	Elzaan	van der Westhuizen	D4	27.63	2	784	
5	Vinique	Van Der Merwe	D15	28.81	1	744	
6	Precious	Ngombane	D14	29.42	0	721	
7	Ncobile	Jiane	D3	30.90	0	679	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hope	Vermaak	D2	24.92	7	901	
2	Davida	Strong	D10	25.62	5	867	
3	Lana	Ungerer	D6	25.91	3	853	
4	Abinica	Maritz	D3	27.42	2	791	
5	Kagiso	Mosehla	D1	30.56	1	687	
6	Alexandra	Okoye	D9	30.90	0	679	

Result Event 136 - 200m Girls 17Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lennique	De Winnaar	D8	26.28	7	840	
2	Astrid	Fourie	D8	26.60	5	827	
3	Jessica	Gomes	D17	26.77	3	819	
4	Chrystabel	Davis	D4	27.38	2	795	
5	Edujie	Emua	D11	27.58	1	787	
6	Tracy	Stephens	D12	27.79	0	780	
7	Thalitha	V.Staden	D5	27.83	0	776	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaylie	R.V Oudtshoorn	D2	24.75	7	911	
2	Hope	Vermaak	D2	25.23	5	886	
3	Luanne	Du Plooy	D6	25.63	3	867	
4	Lolwethu	Makasi	D10	25.78	2	862	
5	Lana	Ungerer	D6	25.81	1	862	
6	Davida	Strong	D10	26.03	0	849	
7	Elzaan	van der Westhuizen	D4	27.45	0	791	
8	Abinica	Maritz	D3	27.65	0	784	

Result Event 163 - 200m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaylie	R.V Oudtshoorn	D2	24.69	7	916	
2	Hope	Vermaak	D2	24.90	5	906	
3	Luanne	Du Plooy	D6	25.63	3	867	
4	Lolwethu	Makasi	D10	25.80	2	862	
5	Lana	Ungerer	D6	26.17	1	844	
6	Astrid	Fourie	D8	26.46	0	831	
7	Lennique	De Winnaar	D8	26.71	0	819	
8	Jessica	Gomes	D17	27.40	0	795	

Result Event 102 - 200m Boys 17Years (Heat)**Heat 1 of 4**

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Ofentse	Nondabula	D17	23.28	5	687	
3	Andreas	Chizinga	D5	23.32	3	683	
4	Martin	Joubert	D7	23.70	2	648	
5	Fortunate	Mdhluli	D3	24.50	1	580	
6	Kgothatso	Lekganyane	D15	25.29	0	520	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Dylan	Cooper	D9	22.51	7	766	
2	Emmanuel	Orugbo	D12	22.52	5	765	
3	Johan	Chamber	D6	22.82	3	733	
6	Zander	Foxcroft	D10	23.76	0	642	
7	X	Masesane	D14	24.87	0	551	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Dylan	Scheepers	D17	22.25	7	796	
2	Devine	Mavungu	D6	22.88	5	727	
3	Veshal	Changlarain	D4	22.96	3	719	
4	Leano	Myers	D7	22.99	2	715	
5	Eon	V D Westhuizen	D8	23.47	1	669	
6	Galaestang	Sithole	D15	24.09	0	614	
7	Lethabo	Phasha	D1	25.37	0	514	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mandla	Mwamba	D2	22.80	7	735	
2	Jeandry	Jamneck	D10	23.09	5	705	
3	Emmanuel	Uwandu	D9	23.16	3	698	
4	Ndulamiso	Phida	D14	27.44	2	380	

Result Event 137 - 200m Boys 17Years (Semi-Final)**Heat 1 of 2**

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Dihan	Crause	D8	21.83	7	809	
2	Emmanuel	Uwandu	D9	21.99	5	797	
3	Dylan	Cooper	D9	22.22	3	763	
4	Jeandry	Jamneck	D10	22.65	2	721	
5	Leonard	Nameka	D2	22.98	1	691	
6	Emmanuel	Orugbo	D12	23.46	0	644	
7	Johan	Chamber	D6	23.48	0	644	
8	Mutami	Mokotlo	D11	23.75	0	618	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mandla	Mwamba	D2	21.59	7	847	
2	Dylan	Scheepers	D17	21.94	5	797	
3	Devine	Mavungu	D6	22.08	3	786	
4	Andreas	Chizinga	D5	22.29	2	763	
5	Veshal	Changlarain	D4	22.92	1	691	
6	Ofentse	Nondabula	D17	23.14	0	672	
7	Eon	V D Westhuizen	D8	23.32	0	653	

Result Event 164 - 200m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ofentse	Nondabula	D17	21.67	7	834	
2	Dihan	Crause	D8	21.70	5	834	
3	Devine	Mavungu	D6	22.06	3	786	
4	Dylan	Cooper	D9	22.55	2	731	
5	Emmanuel	Uwandu	D9	22.85	1	700	
6	Mandla	Mwamba	D2	22.89	0	700	
7	Jeandry	Jamneck	D10	23.18	0	672	
8	Emmanuel	Orugbo	D12	23.53	0	635	

Result Event 103 - 200m Women 19Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Khanyisile	Jass	D4	25.93	7	851	
2	Ameenat	Fagbemi	D6	25.99	5	848	
4	Keesha	Bushe	D17	27.39	2	790	
5	Kelebogile	Mokase	D3	29.27	1	724	
6	Mbali	Soko	D5	29.97	0	701	
7	Koketso	Mashele	D15	31.14	0	666	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaili	Botje	D10	25.18	7	886	
2	Chardone	Smidt	D7	25.18	5	875	
3	Diana	Eze	D9	25.47	3	872	
4	Inge	Keyser	D2	27.08	2	792	
5	Atlegang	Ramasike	D11	29.15	1	718	
6	Itumeleng	Maile	D1	30.37	0	689	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lea	Manikas	D4	26.41	7	830	
2	Shalain	Vd Berg	D8	26.47	5	816	
3	Chante	Le Roux	D17	27.04	3	804	
4	Aobakiwe	Seala	D3	28.94	2	724	
5	Khumo	Sikwane	D5	29.96	1	701	
6	Danika	Rossouw	D1	31.10	0	668	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Anwin	Bouwer	D2	27.14	7	788	
2	Georgia	Cullinan	D4	27.33	5	781	
3	Boikanyo	Maluleke	D10	28.19	3	752	
4	Xihlovo	Shikwambana	D11	29.64	2	702	
5	Mercy	Okon	D12	30.60	1	675	
6	Candice	Sibanda	D10	31.10	0	661	

Result Event 138 - 200m Women 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaili	Botje	D10	25.41	7	860	
2	Diana	Eze	D9	25.61	5	851	
3	Chardone	Smidt	D7	25.76	3	846	
4	Lea	Manikas	D4	26.56	2	812	
5	Inge	Keyser	D2	26.52	1	812	
5	Shalain	Vd Berg	D8	26.97	1	796	
7	Aobakiwe	Seala	D3	28.84	0	728	
6	Janine	Esterhuizen	D8	29.67	0	702	

Result Event 138 - 200m Women 19Years (Semi-Final)

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Anwin	Bouwer	D2	25.21	7	869	
2	Khanyisile	Jass	D4	25.62	5	851	
3	Ameenat	Fagbemi	D6	25.70	3	851	
4	Georgia	Cullinan	D4	26.00	2	837	
5	Keesha	Bushe	D17	26.52	1	812	
6	Chante	Le Roux	D17	26.95	0	796	
7	Atlegang	Ramasike	D11	28.84	0	728	
6	Boikanyo	Maluleke	D10	29.67	0	702	

Result Event 165 - 200m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kaili	Botje	D10	24.03	7	930	
2	Chardone	Smidt	D7	24.99	5	884	
3	Diana	Eze	D9	25.18	3	874	
4	Ameenat	Fagbemi	D6	25.86	2	842	
5	Lea	Manikas	D4	26.15	1	829	
6	Khanyisile	Jass	D4	26.57	0	812	
7	Anwin	Bouwer	D2	27.16	0	788	
8	Georgia	Cullinan	D4	27.16	0	788	

Result Event 111 - 200m Men 19Years (Heat)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Udeme	Okon	D12	22.03	7	783	
2	Levi	Watkins	D11	22.19	5	765	
3	Shawlynne	Mienies	D6	22.55	3	726	
4	Tshegofatso	Masete	D9	22.65	2	715	
5	Keamogetswe	Matabane	D2	22.67	1	713	
6	Ryan	Rebstein	D10	23.37	0	646	
7	Zaid A	Lopes	D14	24.06	0	586	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ryhan	Smit	D6	22.22	7	761	
2	Lungelo	Maseko	D5	22.78	5	702	
3	Gift	Mngomezulu	D17	23.04	3	676	
4	Hennie	Coetzee	D7	23.66	2	620	
5	T	Mathiba	D15	24.76	1	531	
6	Katlego	Managa	D3	25.41	0	484	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	David	Kazadi	D12	22.22	7	761	
2	Thuto	Maamogawa	D10	22.79	5	701	
3	Shenon	Macfarlane	D14	23.05	3	675	
4	Nhlanhla	Shabalala	D7	23.71	2	615	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Thabang	Kobeli	D8	22.65	7	715	
2	Lesedi	Mosia	D17	22.82	5	698	
3	Oscar	Murungweni	D4	23.22	3	659	
4	Olsson	Candan	D5	23.66	2	620	
5	Kgosi	Ntuli	D15	23.69	1	617	

Result Event 142 - 200m Men 19Years (Semi-Final)

Heat 1 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Udeme	Okon	D12	22.18	7	737	
2	David	Kazadi	D12	22.24	5	727	
3	Tshegofatso	Masete	D9	22.41	3	706	
4	Shawlynnne	Mienies	D6	22.45	2	706	
5	Levi	Watkins	D11	22.54	1	696	
6	Thuto	Maamogawa	D10	22.74	0	676	
7	Shenon	Macfarlane	D14	23.53	0	604	

Heat 2 of 2

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Ryhan	Smit	D6	22.26	7	727	
2	Lungelo	Maseko	D5	22.58	5	696	
3	Lesedi	Mosia	D17	22.81	3	667	
4	Thabang	Kobeli	D8	22.85	2	667	
5	Kearogetswe	Matabane	D2	22.91	1	658	
6	Gift	Mngomezulu	D17	23.26	0	630	
7	Oscar	Murungweni	D4	23.94	0	571	

Result Event 166 - 200m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Udeme	Okon	D12	21.29	7	844	
2	Ryhan	Smit	D6	22.17	5	737	
3	David	Kazadi	D12	22.27	3	727	
4	Tshegofatso	Masete	D9	22.38	2	716	
5	Lungelo	Maseko	D5	22.62	1	686	
6	Levi	Watkins	D11	22.90	0	667	

Result Event 23 - 400m Girls 15Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Maria	Botha	D4	1:01.61	7	836	
3	Danilola	Maabena	D3	1:04.45	3	791	
4	Cassidy	Nel	D10	1:04.45	2	791	
5	Kelly	Tout	D12	1:10.45	1	708	
6	Happiness	Adedokun	D15	1:25.09	0	557	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Nicka	Taljaard	D17	1:00.57	5	856	
3	Kene	Emekpo	D10	1:02.79	3	818	
4	Zule	Geering	D5	1:03.71	2	802	
5	Faith	Shabangu	D1	1:13.50	1	672	
6	Shyreece	Chimalizeni	D9	1:14.32	0	662	
7	Tebogo	Ditlhako	D14	1:14.65	0	658	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
3	Semilanti	Oosthuizen	D5	1:03.14	3	811	
4	Gemma	Rigele	D17	1:03.25	2	810	
5	Melandi	Bosman	D4	1:03.55	1	805	
6	Davina	Makota	D12	1:08.52	0	732	
7	L	Muluadzi	D15	1:08.71	0	731	
8	Jessica	Mkhwanazi	D11	1:15.64	0	647	

Result Event 23 - 400m Girls 15Years (Semi-Final)

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Boitumelo	Masuku	D9	1:00.20	7	863	
2	Tebalelo	Nkadimeng	D1	1:03.26	5	810	
3	Gizelle	Alexander	D4	1:03.26	3	810	
4	Carol M	Keetse	D14	1:20.76	2	596	

Result Event 63 - 400m Girls 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chane	Fourie	D2	58.69	7	892	
2	Maria	Botha	D4	59.24	5	880	
3	Anika	Swiegers	D7	1:00.20	3	863	
4	Nicka	Taljaard	D17	1:00.82	2	850	
5	Lynnè	Heymans	D8	1:01.38	1	842	
6	Boitumelo	Masuku	D9	1:01.89	0	833	
7	Mbali	Kamele	D11	1:02.14	0	828	

Result Event 24 - 400m Boys 15Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lesedi	Madiba	D15	53.61	7	727	
2	O'neile	Nyoni	D4	53.94	5	717	
3	Duan	Kapp	D7	54.39	3	703	
4	Cornelius	Robberts	D8	55.21	2	675	
5	Aiden	Hart	D5	57.18	1	619	
6	Andile	Redebe	D12	57.84	0	600	
7	Zian	Grobler	D11	57.87	0	600	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Molefe	Molefe	D6	54.44	7	700	
2	Jaydon	Fairlie	D2	54.50	5	700	
3	Reinder	Velman	D17	56.71	3	631	
4	Derek	Manaka	D9	58.32	2	587	
5	Sabelo	Sithole	D1	1:05.41	1	429	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Divan	Swanepoel	D8	53.72	7	723	
2	Nkosinathi	Dlamini	D12	54.16	5	710	
3	Sia	Nhlapo	D7	54.39	3	703	
4	Tlotliso	Taukobong	D15	54.70	2	694	
5	Ruan	Steyn	D4	54.90	1	687	
6	Loanda	Mathaba	D11	56.89	0	628	
7	Siyamthanda	Ngcobo	D5	1:00.64	0	530	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Mohammed	Butler	D10	52.05	7	784	
2	Deacon	Rossouw	D2	52.62	5	762	
3	Evan	Van Schalkwyk	D6	55.58	3	666	
4	Victory	Asumah	D17	58.63	2	579	
5	X	Ramudzuli	D14	1:00.08	1	544	
6	Kealeboga	Seleke	D9	1:01.78	0	505	
7	Anotidaishe	Sireu	D1	1:02.16	0	496	

Result Event 64 - 400m Boys 15Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Molefe	Molefe	D6	50.34	7	854	
2	Mohammed	Butler	D10	51.85	5	792	
3	Deacon	Rossouw	D2	52.19	3	780	
4	O'neile	Nyoni	D4	53.08	2	747	
5	Duan	Kapp	D7	53.65	1	727	
6	Sia	Nhlapo	D7	53.71	0	723	
7	Divan	Swanepoel	D8	55.04	0	681	
8	Lesedi	Madiba	D15	56.08	0	651	
9	Nkosinathi	Dlamini	D12	56.65	0	634	

Result Event 25 - 400m Girls 17Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Kaylin	Miles	D17	1:00.49	5	842	
4	Sisipho	Madlakuvana	D4	1:01.02	2	831	
5	Alicia	Broodrkry	D3	1:08.86	1	715	
6	Busisiwe	Mathe	D12	1:09.07	0	712	
7	Rethabile	Kuali	D15	1:11.06	0	687	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
4	Mikayla	Du Plessis	D6	1:04.65	2	773	
5	Sun Marie	Debeer	D1	1:08.56	1	719	
6	Courtney W	George	D14	1:13.75	0	656	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Hayleigh	Kinnear	D6	58.02	7	887	
2	Lune	Wepener	D7	1:01.13	5	829	
3	Jade	Clasen	D17	1:02.23	3	811	
4	Debora	Grobbelaar	D4	1:03.59	2	790	
5	Keneilwe	Maluleke	D15	1:11.74	1	679	
6	Siphiwe	Mashele	D3	1:15.74	0	634	
7	Nokuthula	Thobani	D5	1:22.29	0	571	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
2	Erin-Leigh	Fuchs	D10	1:03.11	5	796	
3	Lebogang	Magoro	D9	1:08.25	3	723	
4	Thandi	Oliphant	D14	1:16.37	2	628	
5	Karabo	Monareng	D11	1:24.51	1	551	
6	Princess	Maleka	D1	1:49.75	0	378	

Result Event 65 - 400m Girls 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Davida	Strong	D10	56.65	7	916	
2	Hanri	Pretorius	D2	57.48	5	899	
4	Johanka	De Villers	D8	57.61	2	895	
5	Elrisa	Swiegers	D7	1:00.31	1	843	
6	Lucie	iLunga	D9	1:01.46	0	824	
7	Lieschen	Van Zyl	D2	1:03.24	0	795	

Result Event 28 - 400m Boys 17Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Johan	Chamber	D6	51.07	7	786	
2	Alex	Pienaar	D17	51.13	5	782	
3	Melcolm	Faber	D5	53.33	3	703	
4	Tivani	Tshabalala	D4	54.05	2	681	
5	Lethabo	Phasha	D1	57.76	1	575	
6	C	Gunda	D15	1:02.68	0	460	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Isreal	Goldstone	D12	51.18	7	782	
2	Makgalemele	Joy	D7	52.01	5	748	
3	Liam	Benade Van Niekerk	D10	52.61	3	727	
4	Ensamba	Lunkeba	D8	53.28	2	707	
5	Troy	Esterhuizen	D9	54.20	1	678	
6	Kanika	Jacy	D4	55.53	0	635	
7	Kamogelo H	Mashishi	D14	56.37	0	612	
8	Sthembiso	Qina	D11	1:03.54	0	441	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Levi	Jordaan	D6	50.29	7	818	
2	Liam	Du Plessis	D17	50.54	5	806	
3	Leslie	Van Zijl	D1	51.77	3	759	
4	Teegan	Smit	D2	52.24	2	741	
5	Nhlakanipho	Sibeko	D5	52.97	1	717	
6	Leevin J	Zacheus	D14	1:01.48	0	486	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Stiaan	Nyburgh	D11	49.98	7	831	
2	Gerhard	Labuschagne	D7	50.15	5	822	
3	Cairol	Mabhude	D10	52.56	3	730	
4	William	Johnstone	D9	52.78	2	724	
5	Ethan	Jordan	D12	53.47	1	700	
6	Khumo	Latakomo	D3	56.95	0	596	

Result Event 66 - 400m Boys 17Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Alex	Pienaar	D17	48.94	7	875	
2	Stiaan	Nyburgh	D11	49.14	5	866	
3	Johan	Chamber	D6	49.81	3	835	
4	Liam	Du Plessis	D17	49.82	2	835	
5	Levi	Jordaan	D6	50.59	1	806	
6	Leslie	Van Zijl	D1	50.72	0	798	
7	Gerhard	Labuschagne	D7	51.92	0	752	
8	Isreal	Goldstone	D12	54.09	0	681	

Result Event 30 - 400m Women 19Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Chante	Le Roux	D17	1:00.84	7	820	
2	Vianri	Buys	D2	1:02.03	5	800	
3	Diane	Botha	D6	1:03.71	3	773	
4	Jariska	Stroh	D5	1:09.18	2	699	
5	T.E.	Bilankulu	D15	1:25.61	1	532	

Result Event 30 - 400m Women 19Years (Semi-Final)

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jenna	Booyesen	D9	1:01.04	7	817	
2	Georgia	Cullinan	D4	1:02.17	5	798	
3	Oarabile	Mokgobi	D11	1:12.22	3	662	
4	Praise	Mandera	D7	1:13.07	2	653	
5	Realeboga	Setshedi	D12	1:18.56	1	595	

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Kiara	Kaufman	D6	1:06.74	7	730	
2	Khensani	Thombo	D2	1:09.01	5	700	
3	Lauretta	Danskpe	D17	1:10.79	3	679	
4	Sharmaine T	Zinyoni	D14	1:15.43	2	627	
5	Ntombi	Ngcobo	D15	1:19.79	1	584	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Princess	Nwobasi	D9	1:08.00	7	714	
2	Bridget	Motsumi	D10	1:11.97	5	665	
3	Chantelle	Groenewald	D3	1:13.21	3	652	
4	Caramia	Nagel	D4	1:14.06	2	642	
5	Faith	Manzana	D7	1:26.35	1	526	

Result Event 67 - 400m Women 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Jenna	Booyesen	D9	57.32	7	885	
2	Georgia	Cullinan	D4	1:00.03	5	834	
3	Chante	Le Roux	D17	1:00.44	3	827	
4	Vianri	Buys	D2	1:01.39	2	812	
5	Diane	Botha	D6	1:04.53	1	761	
6	Kiara	Kaufman	D6	1:07.59	0	720	
7	Princess	Nwobasi	D9	1:11.82	0	666	
8	Khensani	Thombo	D2	1:15.59	0	626	

Result Event 31 - 400m Men 19Years (Semi-Final)

Heat 1 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Douglas	Duncan	D10	49.14	7	833	
2	Joël	Jordaan	D6	50.48	5	779	
3	Gontse	Seattle	D2	50.62	3	771	
4	Ryan	Ferreria	D17	51.69	2	734	
5	Meshak	Beya	D9	52.92	1	690	
6	Olsson	Candan	D5	53.63	0	668	

Heat 2 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Udeme	Okon	D12	48.72	7	850	
2	Raux	Van Zyl	D11	48.75	5	850	
3	Banele	Nkabinde	D7	51.19	3	753	
4	Thabang	Kobeli	D8	51.89	2	727	
5	Devote	Mnisi	D5	51.90	1	727	
6	Kutloane	Boshomane	D4	53.85	0	661	
7	Botshelo	Bopape	D15	56.51	0	583	

Result Event 31 - 400m Men 19Years (Semi-Final)

Heat 3 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Nkosinathi	Nhlapo	D9	49.59	7	816	
2	Thuto	Maamogawa	D10	49.95	5	799	
3	Keenan	Smith	D6	50.75	3	768	
4	Reghardt	Tiedt	D2	51.95	2	724	
5	Arno	Taljaard	D17	52.26	1	713	
6	Timothy	Cable	D11	53.33	0	677	

Heat 4 of 4

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Lesedi	Maleka	D12	52.38	7	710	
2	Nhlanhla	Shabalala	D7	52.90	5	693	
3	Daniel	Bamidele	D4	54.04	3	655	
4	Tristan	Evens	D15	54.13	2	652	
5	Lethabo	Motswane	D3	1:06.21	1	372	

Result Event 68 - 400m Men 19Years (Final)

Pos	Name	Surname	Team	Result	Point	APE	Rec
1	Udeme	Okon	D12	48.12	7	878	
2	Raux	Van Zyl	D11	48.39	5	869	
3	Nkosinathi	Nhlapo	D9	48.53	3	859	
4	Douglas	Duncan	D10	49.24	2	828	
5	Joël	Jordaan	D6	50.18	1	791	
6	Gontse	Seattle	D2	51.01	0	760	
7	Thuto	Maamogawa	D10	51.03	0	756	
8	Lesedi	Maleka	D12	57.06	0	570	