

SASA National Primary Schools Track & Field Championships
2011/03/18

Result per Age

G-10

46	G-10	80 m	/ 80 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU001	715	Jeanika Barnard	Mpumalanga Province	1	00:11.72	763		E	
WCP006	1029	Yolandi du Toit	Western Cape Province	2	00:11.89	743		E	
LIM008	626	Remoneiloe Phasha	Limpopo Province	3	00:11.93	738		E	
WCP014	1037	Janke v Schalkwyk	Western Cape Province	4	00:11.98	733		E	
GAU003	319	Natalie Hanekom	Gauteng Province	5	00:12.11	719		E	
GAU019	335	Rose Xeyi	Gauteng Province	6	00:12.22	708		E	
FRE007	136	Portia Machaba	Free State Province	7	00:12.31	699		E	
LIM001	619	Felicity Maja	Limpopo Province	8	00:12.41	689		E	
KZN003	554	Thobeka Luthuli	KwaZulu Natal	9	00:12.54	677		E	

122	G-10	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP008	1031	Cadi Josias	Western Cape Province	1	00:14.04	838		E	
MPU001	715	Jeanika Barnard	Mpumalanga Province	2	00:14.11	830		E	
GAU014	330	Carla Hattingh	Gauteng Province	3	00:14.23	817		E	
WCP006	1029	Yolandi du Toit	Western Cape Province	4	00:14.28	811		E	
LIM008	626	Remoneiloe Phasha	Limpopo Province	5	00:14.32	807		E	
WCP012	1035	Elmarie Nieuwoudt	Western Cape Province	6	00:14.39	800		E	
GAU016	332	Gontse Morake	Gauteng Province	7	00:14.40	799		E	
FRE007	136	Portia Machaba	Free State Province	8	00:14.58	781		E	
GAU017	333	Zielé Smit	Gauteng Province	9	00:14.60	779		E	

120	G-10	1200 m	/ 1200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM007	625	Nare Mokayane	Limpopo Province	1	04:04.95	772		E	
FRE006	135	Nicole Louw	Free State Province	2	04:06.92	762		E	
GAU009	325	Keletso Senosi	Gauteng Province	3	04:09.65	749		E	
GAU001	317	Jeanné de Beer	Gauteng Province	4	04:15.18	725		E	
GAU005	321	Tebogo Kgari	Gauteng Province	5	04:16.34	720		E	
GAU011	327	Belinda v Niekerk	Gauteng Province	6	04:18.14	712		E	
WCP013	1036	Zainal Spogter	Western Cape Province	7	04:25.58	684		E	
KZN002	553	Nkanyezi Dladla	KwaZulu Natal	8	04:25.97	682		E	
WCP001	1024	Jolene Bali	Western Cape Province	9	04:26.68	679		E	
FRE009	138	Manaha Mokoena	Free State Province	10	04:28.61	673		E	

57	G-10	70 m Hekkies	/ 70 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU008	324	Rachel Marais	Gauteng Province	1	00:12.45	863		E	
GAU004	320	Annika Jv Rensburg	Gauteng Province	2	00:12.47	862		E	
GAU014	330	Carla Hattingh	Gauteng Province	3	00:12.54	856		E	
GAU012	328	Elsabé vd Merwe	Gauteng Province	4	00:12.64	848		E	
WCP014	1037	Janke v Schalkwyk	Western Cape Province	5	00:12.76	838		E	
FRE001	130	Lise Bezuidenhout	Free State Province	6	00:13.19	808		E	
FRE018	147	Inge Verster	Free State Province	7	00:13.37	796		E	
MPU003	717	Telane Ludeke	Mpumalanga Province	8	00:14.37	740		E	

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133	G-10	4X100 m Aflos	/ 4X100 m Relay			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA01	544	Gauteng	Gauteng Province	1	00:58.76	859		E	
WCPA01	1202	Western Cape	Western Cape Province	2	00:59.22	845		E	
MPUA01	826	Mpumalanga	Mpumalanga Province	3	00:59.26	844		E	
FREA01	309	Free State	Free State Province	4	00:59.89	826		E	
LIMA01	1220	Limpopo	Limpopo Province	5	00:60.31	815		E	
ECPA01	122	Eastern Cape	Eastern Cape Province	6	00:62.06	774		E	
KZNA01	611	KwaZulu Natal	KwaZulu Natal	7	00:62.09	773		E	
NWPA01	1016	North West	North West Province	8	00:62.13	772		E	
NCPA01	907	Northern Cape	Northern Cape Province	9	00:63.27	748		E	

28	G-10	Hoogspring	/ High Jump			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU004	320	Annika Jv Rensburg	Gauteng Province	1	1.23	912		E	
MPU002	716	Ansu Klopper	Mpumalanga Province	2	1.23	912		E	
WCP009	1032	Leandre Ketch	Western Cape Province	3	1.23	912		E	
FRE016	145	Bianca vd Vyver	Free State Province	4	1.23	912		E	
GAU007	323	Carina Maber	Gauteng Province	5	1.20	882		E	

106	G-10	Verspring	/ Long Jump			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP005	1028	Rune du Plessis	Western Cape Province	1	4.28	914	1.4	E	
GAU004	320	Annika Jv Rensburg	Gauteng Province	2	4.10	873		E	
MPU002	716	Ansu Klopper	Mpumalanga Province	3	4.07	862		E	
GAU002	318	Jana Ferreira	Gauteng Province	4	3.93	808		E	
ECP006	6	Rubine Kamangu	Eastern Cape Province	5	3.92	804		E	
NWP005	919	Courtney Holtshauzen	North West Province	6	3.91	800		E	
WCP003	1026	Lindi Leigh Cillie	Western Cape Province	7	3.83	769		E	
FRE015	144	Arne vd Merwe	Free State Province	8	3.79	753		E	

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48	G-11	80 m	/ 80 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU038	354	Thidziamla Mufumadi	Gauteng Province	1	00:11.05	806		E
FRE032	161	Ané vd Merwe	Free State Province	2	00:11.20	785		E
WCP034	1057	Vanessa Yon	Western Cape Province	3	00:11.31	771		E
FRE028	157	Joviale Mbisha	Free State Province	4	00:11.42	757		E
WCP020	1043	Brithaney Ludick	Western Cape Province	5	00:11.57	739		E
LIM014	632	Manoko Kgadima	Limpopo Province	6	00:11.59	737		E
FRE030	159	Iliscke Newhoff	Free State Province	7	00:11.77	717		E

124	G-11	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU038	354	Thidziamla Mufumadi	Gauteng Province	1	00:13.44	859		E
FRE032	161	Ané vd Merwe	Free State Province	2	00:13.62	836		E
FRE028	157	Joviale Mbisha	Free State Province	3	00:13.65	832		E
WCP034	1057	Vanessa Yon	Western Cape Province	4	00:13.68	828		E
WCP018	1041	Anel Jaars	Western Cape Province	5	00:13.89	804		E
GAU036	352	Sibongile Kulati	Gauteng Province	6	00:13.90	803		E
GAU043	359	Chanel v Wyngaardt	Gauteng Province	7	00:14.08	785		E
FRE030	159	Iliscke Newhoff	Free State Province	8	00:14.07	786		E
WCP029	1052	Maxzeen Valentine	Western Cape Province	9	00:14.22	771		E

93	G-11	1200 m	/ 1200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM019	637	Itumeleng Rasakanya	Limpopo Province	1	04:00.93	750		E
LIM017	635	Lethabo Makgoga	Limpopo Province	2	04:01.99	745		E
FRE025	154	Margo Landman	Free State Province	3	04:03.89	736		E
FRE026	155	Nthabiseng Makhetha	Free State Province	4	04:03.94	736		E
GAU039	355	Zhandre Potgieter	Gauteng Province	5	04:06.58	724		E
WCP016	1039	Kyle Geldenhuis	Western Cape Province	6	04:10.12	709		E
FRE027	156	Dimpho Makume	Free State Province	7	04:11.56	703		E
WCP029	1052	Maxzeen Valentine	Western Cape Province	8	04:12.94	697		E
LIM022	640	Beatrice Themane	Limpopo Province	9	04:15.01	689		E
GAU034	350	Lindi Jacobs	Gauteng Province	10	04:16.15	685		E

59	G-11	70 m Hekkie	/ 70 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE030	159	Iliscke Newhoff	Free State Province	1	00:11.92	844		E
MPU014	728	Tabitha Landman	Mpumalanga Province	2	00:12.04	834		E
FRE028	157	Joviale Mbisha	Free State Province	3	00:12.12	828		E
MPU019	733	Anke Rothman	Mpumalanga Province	4	00:12.29	815		E
GAU042	358	Zeney vd Walt	Gauteng Province	5	00:12.37	809		E
FRE029	158	Milana Muller	Free State Province	6	00:12.38	809		E
FRE035	164	Marzé Verster	Free State Province	7	00:12.39	808		E
GAU031	347	Susanna Trumpie	Gauteng Province	8	00:12.40	807		E
MPU020	734	Johanette Steyn	Mpumalanga Province	9	00:12.42	806		E

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135	G-11	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCPA02	1203	Western Cape	Western Cape Province	1	00:55.92	873		E	
GAUA02	545	Gauteng	Gauteng Province	2	00:56.35	858		E	
FREA02	310	Free State	Free State Province	3	00:56.45	855		E	
MPUA02	827	Mpumalanga	Mpumalanga Province	4	00:57.39	827		E	
LIMA02	1221	Limpopo	Limpopo Province	5	00:59.41	776		E	
KZNA02	612	KwaZulu Natal	KwaZulu Natal	6	00:60.45	752		E	
NWPA02	1017	North West	North West Province	7	00:60.70	747		E	
NCPA02	908	Northern Cape	Northern Cape Province	8	00:61.31	734		E	
ECPA02	123	Eastern Cape	Eastern Cape Province	9	00:60.93	742		E	

62	G-11	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP015	929	Marionique Wentzel	North West Province	1	1.40	941		E	
ECP018	18	Caryn-Ann Howard	Eastern Cape Province	2	1.32	884		E	
GAU022	338	Cloë Hofmeyer	Gauteng Province	3	1.27	802		E	
WCP026	1049	Simonn Swanevelder	Western Cape Province	4	1.27	802		E	
NWP020	934	A Roux	North West Province	5	1.27	802		E	
FRE023	152	Bernice Kirsten	Free State Province	6	1.27	802		E	
FRE021	150	Roné Hertzog	Free State Province	7	1.27	802		E	
GAU023	339	Nica Human	Gauteng Province	7	1.27	802		E	
GAU024	340	Marya Meyer	Gauteng Province	9	1.27	802		E	

24	G-11	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM012	630	Chante Ferreira	Limpopo Province	1	4.50	902		E	
FRE034	163	Lané v Vuuren	Free State Province	2	4.48	900		E	
ECP024	24	Sharonica Uitlander	Eastern Cape Province	3	4.45	889		E	
WCP017	1040	Tamzyn Groenwald	Western Cape Province	4	4.26	822		E	
GAU026	342	Nadene Niemand	Gauteng Province	5	4.26	822		E	
LIM015	633	Aniska Krause	Limpopo Province	6	4.21	804		E	
GAU032	348	Zilke Wohner	Gauteng Province	7	4.14	778		E	
GAU028	344	Tanika Pieterse	Gauteng Province	8	4.11	767		E	

6	G-11	Gewigstoot	/ Shot Put	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP012	926	Marni Oberholzer	North West Province	1	10.99	914		E	
GAU027	343	Shanie Opperman	Gauteng Province	2	10.85	911		E	
ECP026	26	Ike van Vuuren	Eastern Cape Province	3	10.60	906		E	
WCP033	1056	Janine Wiese	Western Cape Province	4	10.50	904		E	
GAU020	336	Kaylee de Swart	Gauteng Province	5	10.20	894		E	
NWP013	927	C Rossouw	North West Province	6	10.10	889		E	
ECP014	14	Shaylene de Jager	Eastern Cape Province	7	9.84	876		E	
FRE020	149	Rhody Grobbelaar	Free State Province	8	9.57	862		E	

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126	G-12	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU059	375	Nicola de Bruyn	Gauteng Province	1	00:12.92	884		E	
WCP046	1069	Lusanda Nkutu	Western Cape Province	2	00:13.35	825		E	
GAU067	383	Underhay Taylor	Gauteng Province	3	00:13.46	812		E	
ECP034	34	Onika Kwatsha	Eastern Cape Province	4	00:13.53	805		E	
FRE039	168	Uduakabasie Edem	Free State Province	5	00:13.59	798		E	
FRE053	182	Elrie Meyer	Free State Province	6	00:13.68	788		E	
WCP052	1075	Cameron Solomons	Western Cape Province	7	00:13.82	774		E	
GAU071	387	Julia Lutz	Gauteng Province	8	00:13.97	760		E	
ECP037	37	Noxolo Madela	Eastern Cape Province	9	00:14.28	732		E	

50	G-12	150 m	/ 150 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU059	375	Nicola de Bruyn	Gauteng Province	1	00:20.33	767		E	
GAU067	383	Underhay Taylor	Gauteng Province	2	00:21.06	726		E	
WCP046	1069	Lusanda Nkutu	Western Cape Province	3	00:21.07	726		E	
FRE053	182	Elrie Meyer	Free State Province	4	00:21.29	714		E	
WCP052	1075	Cameron Solomons	Western Cape Province	5	00:21.45	706		E	
FRE039	168	Uduakabasie Edem	Free State Province	6	00:21.46	706		E	
ECP037	37	Noxolo Madela	Eastern Cape Province	7	00:22.17	673		E	
ECP034	34	Onika Kwatsha	Eastern Cape Province	8	00:22.26	669		E	

111	G-12	1200 m	/ 1200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU066	382	Natasha Steinberg	Gauteng Province	1	03:48.05	763		E	
LIM033	651	Gizelde Strauss	Limpopo Province	2	03:51.15	747		E	
GAU069	385	Simonay Wietsz	Gauteng Province	3	03:51.70	745		E	
FRE044	173	Anche Horak	Free State Province	4	03:57.15	719		E	
GAU065	381	Annick Snyman	Gauteng Province	5	03:57.27	718		E	
NWP030	944	Odette Dreyer	North West Province	6	03:58.59	713		E	
FRE052	181	Melicia Maree	Free State Province	7	04:00.32	705		E	
NWP031	945	Mieke Roll	North West Province	8	04:01.31	701		E	

61	G-12	75 m Hekies	/ 75 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU032	746	Inge vd Merwe	Mpumalanga Province	1	00:11.85	823		E	
GAU063	379	Kayla Koch	Gauteng Province	2	00:11.95	815		E	
FRE048	177	Anja Kotze	Free State Province	3	00:12.06	807		E	
NWP027	941	Carine Pienaar	North West Province	4	00:12.16	800		E	
LIM029	647	Larisa Nel	Limpopo Province	5	00:12.48	778		E	
MPU027	741	Zané Rothmann	Mpumalanga Province	6	00:12.51	777		E	
WCP054	1077	Minneke vd Merwe	Western Cape Province	7	00:12.60	771		E	
WCP042	1065	Darnéle Lewies	Western Cape Province	8	00:12.71	764		E	
NWP021	935	Nocolene v Heerden	North West Province	9	00:12.82	757		E	

113	G-12	150 m Hekies	/ 150 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU063	379	Kayla Koch	Gauteng Province	1	00:22.26	869		E	
MPU032	746	Inge vd Merwe	Mpumalanga Province	2	00:22.58	855		E	
GAU061	377	Danielle du Toit	Gauteng Province	3	00:22.68	851		E	
FRE048	177	Anja Kotze	Free State Province	4	00:22.83	844		E	
MPU027	741	Zané Rothmann	Mpumalanga Province	5	00:23.37	824		E	
NCP021	854	Christin Fox	Northern Cape Province	6	00:23.41	822		E	
FRE040	169	Ané Erasmus	Free State Province	7	00:23.51	818		E	
GAU067	383	Underhay Taylor	Gauteng Province	8	00:23.54	817		E	

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137	G-12	4X100 m Aflos	/ 4X100 m Relay		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA03	546	Gauteng	Gauteng Province	1	00:53.67	896		E	
FREA03	311	Free State	Free State Province	2	00:54.58	863		E	
MPUA03	828	Mpumalanga	Mpumalanga Province	3	00:54.60	862		E	
WCPA03	1204	Western Cape	Western Cape Province	4	00:55.80	825		E	
NWPA03	1018	North West	North West Province	5	00:56.97	793		E	
LIMA03	1222	Limpopo	Limpopo Province	6	00:57.32	785		E	
NCPA03	909	Northern Cape	Northern Cape Province	7	00:57.35	784		E	
ECPA03	124	Eastern Cape	Eastern Cape Province	8	00:57.42	782		E	
KZNA03	613	KwaZulu Natal	KwaZulu Natal	9	00:57.54	779		E	

5	G-12	Hoogspring	/ High Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU026	740	Katelyn-Faye Rothballer	Mpumalanga Province	1	1.55	978		E	
GAU057	373	Qailah Adam	Gauteng Province	2	1.50	944		E	
MPU025	739	Lizandé Pretorius	Mpumalanga Province	3	1.50	944		E	
GAU045	361	Clarise de Klerk	Gauteng Province	4	1.45	916		E	
NWP025	939	Gene Buys	North West Province	5	1.40	869		E	
GAU060	376	Lisa-Marie Dreyer	Gauteng Province	6	1.40	869		E	
FRE061	190	Helen Wessels	Free State Province	7	1.40	869		E	
FRE047	176	Emma Kleynhans	Free State Province	8	1.40	869		E	
NWP026	940	Marike Coetzee	North West Province	9	1.40	869		E	
FRE041	170	Arné Fourie	Free State Province	10	1.40	869		E	

81	G-12	Verspring	/ Long Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU059	375	Nicola de Bruyn	Gauteng Province	1	5.04	937	1.15	E	
GAU063	379	Kayla Koch	Gauteng Province	2	4.88	917		E	
GAU045	361	Clarise de Klerk	Gauteng Province	3	4.67	880		E	
WCP049	1072	Elena Rudolph	Western Cape Province	4	4.60	856		E	
MPU032	746	Inge vd Merwe	Mpumalanga Province	5	4.54	836		E	
WCP042	1065	Darnéle Lewies	Western Cape Province	6	4.43	799		E	
MPU027	741	Zané Rothmann	Mpumalanga Province	7	4.43	799		E	
GAU058	374	Zahné Becker	Gauteng Province	8	4.39	785		E	

119	G-12	Gewigstoot	/ Shot Put		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP057	1080	Carmen Victor	Western Cape Province	1	10.42	877		E	
WCP035	1058	Amber Abrahams	Western Cape Province	2	10.41	877		E	
GAU045	361	Clarise de Klerk	Gauteng Province	3	9.92	853		E	
NWP034	948	Jana Steyn	North West Province	4	9.87	851		E	
FRE050	179	Luhandri Lötter	Free State Province	5	9.86	850		E	
WCP059	1082	Janne Wiese	Western Cape Province	6	9.80	847		E	
FRE046	175	Danaé J v Vuuren	Free State Province	7	9.79	847		E	
LIM024	642	Dinique Bosch	Limpopo Province	8	9.65	840		E	

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44	G-12	Diskusgooi	/ Discus Throw			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM024	642	Dinique Bosch	Limpopo Province	1	30.26	855		E	
FRE060	189	Zelmari van Jaarsveld	Free State Province	2	28.54	822		E	
GAU054	370	Lizé Naudé	Gauteng Province	3	27.76	807		E	
NWP024	938	Welmane Fourie	North West Province	4	27.54	803		E	
FRE053	182	Elrie Meyer	Free State Province	5	26.94	791		E	
GAU049	365	Lizelle Fourie	Gauteng Province	6	26.85	789		E	
MPU030	744	Shania-Lee Swart	Mpumalanga Province	7	26.10	774		E	
ECP035	35	San-Marie Labuschagne	Eastern Cape Province	8	25.82	768		E	

19	G-12	Spiesgooi	/ Javelin			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU030	744	Shania-Lee Swart	Mpumalanga Province	1	32.34	828		E	
WCP051	1074	Stephanie Smit	Western Cape Province	2	29.70	774		E	
WCP055	1078	Bianca v Rensburg	Western Cape Province	3	28.86	756		E	
FRE036	165	Lorraine Botha	Free State Province	4	28.08	739		E	
NCP019	852	Jeanne Smith	Northern Cape Province	5	26.54	705		E	
FRE057	186	Carike Moolman	Free State Province	6	24.76	664		E	
GAU055	371	Savanti Rossouw	Gauteng Province	7	24.63	661		E	
LIM034	652	Timone Wagner	Limpopo Province	8	24.55	659		E	
FRE037	166	Johandri de Necker	Free State Province	9	23.84	642		E	
MPU023	737	Leandri Lamprecht	Mpumalanga Province	10	23.15	625		E	

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128	G-13	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU102	418	Tenéal Nel	Gauteng Province	1	00:12.92	842		E	
KZN026	577	Cassidy Williamson	KwaZulu Natal	2	00:12.97	835		E	
GAU227	543	Esmarie Hougaard	Gauteng Province	3	00:13.11	818		E	
GAU101	417	Muadia Ehlers	Gauteng Province	4	00:13.25	802		E	
GAU105	421	Luzandré van Zyl	Gauteng Province	5	00:13.28	798		E	
ECP059	59	Shamonique Saile	Eastern Cape Province	6	00:13.38	787		E	
FRE062	191	Clari Buys	Free State Province	7	00:13.39	786		E	
WCP063	1086	Nicole de Bruyns	Western Cape Province	8	00:13.41	784		E	
GAU098	414	Shimé Bezuidenhout	Gauteng Province	9	00:13.43	782		E	

52	G-13	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE064	193	Hesmari Coetzee	Free State Province	1	00:26.62	841		E	
KZN026	577	Cassidy Williamson	KwaZulu Natal	2	00:26.99	822		E	
GAU101	417	Muadia Ehlers	Gauteng Province	3	00:27.02	821		E	
GAU098	414	Shimé Bezuidenhout	Gauteng Province	4	00:27.19	813		E	
NCP038	871	Lezaan van Rooyen	Northern Cape Province	5	00:27.81	785		E	
NWP045	959	Chane Steyn	North West Province	6	00:27.84	784		E	
FRE089	218	Angélique Weldhagen	Free State Province	7	00:27.99	777		E	
WCP072	1095	Tamia Khumalo	Western Cape Province	8	00:27.89	781		E	

67	G-13	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU085	401	Carla du Randt	Gauteng Province	1	02:18.49	854		E	
GAU089	405	Sibongile Mtyele	Gauteng Province	2	02:18.86	850		E	
MPU050	764	Imke van Rooyen	Mpumalanga Province	3	02:21.52	825		E	
NWP042	956	Nadine Gouws	North West Province	4	02:23.98	804		E	
GAU103	419	Elke Robberts	Gauteng Province	5	02:25.15	795		E	
WCP077	1100	Anitha Nonene	Western Cape Province	6	02:27.08	780		E	
FRE081	210	Tanita Sada	Free State Province	7	02:27.66	775		E	
GAU097	413	Nicole vd Merwe	Gauteng Province	8	02:30.11	758		E	
FRE090	219	Chére Weydeman	Free State Province	9	02:30.19	757		E	
NWP046	960	Ané Jv Rensburg	North West Province	10	02:31.50	748		E	

130	G-13	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU085	401	Carla du Randt	Gauteng Province	1	04:45.09	903		E	
GAU089	405	Sibongile Mtyele	Gauteng Province	2	04:50.14	871		E	
MPU050	764	Imke van Rooyen	Mpumalanga Province	3	04:51.11	866		E	
GAU097	413	Nicole vd Merwe	Gauteng Province	4	04:52.18	860		E	
FRE077	206	Michaela Louw	Free State Province	5	05:04.49	799		E	
NWP042	956	Nadine Gouws	North West Province	6	05:10.06	776		E	
MPU036	750	Inge Houy	Mpumalanga Province	7	05:14.76	758		E	
FRE065	194	Sonja Cronjé	Free State Province	8	05:16.08	753		E	

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65	G-13	75 m Hekkies	/ 75 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU092	408	Thea Penberthy	Gauteng Province	1	00:11.57	860		E	
GAU099	415	Carmen Cronje	Gauteng Province	2	00:11.63	855		E	
FRE069	198	Michelle Habig	Free State Province	3	00:11.70	848		E	
FRE078	207	Olerato Molapo	Free State Province	4	00:11.73	846		E	
NWP044	958	Dominique Skinder	North West Province	5	00:11.74	845		E	
GAU102	418	Tenéal Nel	Gauteng Province	6	00:11.85	836		E	
GAU100	416	Micayla du Toit	Gauteng Province	7	00:11.99	825		E	
MPU049	763	Corli Taljaard	Mpumalanga Province	8	00:12.32	800		E	
WCP062	1085	Kauthar Breda	Western Cape Province	9	00:12.85	766		E	

115	G-13	200 m Hekkies	/ 200 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU092	408	Thea Penberthy	Gauteng Province	1	00:28.69	900		E	
FRE064	193	Hesmari Coetzee	Free State Province	2	00:29.11	884		E	
FRE069	198	Michelle Habig	Free State Province	3	00:29.26	879		E	
GAU099	415	Carmen Cronje	Gauteng Province	4	00:29.39	874		E	
GAU100	416	Micayla du Toit	Gauteng Province	5	00:30.57	836		E	
MPU049	763	Corli Taljaard	Mpumalanga Province	6	00:30.69	833		E	
NCP028	861	M Rademeyer	Northern Cape Province	7	00:31.78	803		E	
WCP068	1091	Alexa Haasbroek	Western Cape Province	8	00:31.96	799		E	

54	G-13	1500 m Stap	/ 1500 m Walk	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU074	390	Maxine Klinkenberg	Gauteng Province	1	07:48.99	879		E	
NWP037	951	Lindi Grobler	North West Province	2	08:02.61	868		E	
WCP086	1109	Magdalena Tiyani	Western Cape Province	3	08:23.31	851		E	
WCP085	1108	Hesmari Teubes	Western Cape Province	4	08:27.50	848		E	
FRE077	206	Michaela Louw	Free State Province	5	08:33.70	844		E	
KZN020	571	Ntombikayise Gala	KwaZulu Natal	6	08:36.70	842		E	
NWP049	963	Maki Flaarmuis	North West Province	7	09:02.80	824		E	
FRE072	201	Henriëtte J v Vuuren	Free State Province	8	09:06.09	822		E	
GAU080	396	Liziwe November	Gauteng Province	9	09:12.30	818		E	
ECP057	57	Pamela Ngqele	Eastern Cape Province	10	09:25.60	810		E	

139	G-13	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FREA04	312	Free State	Free State Province	1	00:51.34	934		E	
GAUA04	547	Gauteng	Gauteng Province	2	00:52.34	892		E	
WCPA04	1205	Western Cape	Western Cape Province	3	00:53.48	851		E	
MPUA04	829	Mpumalanga	Mpumalanga Province	4	00:54.06	833		E	
NWPA04	1019	North West	North West Province	5	00:54.92	808		E	
ECPA04	125	Eastern Cape	Eastern Cape Province	6	00:55.02	805		E	
NCPA04	910	Northern Cape	Northern Cape Province	7	00:55.33	796		E	
LIMA04	1223	Limpopo	Limpopo Province	8	00:59.22	708		E	

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79	G-13	Hoogspring	/ High Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU096	412	Renate van Tonder	Gauteng Province	1	1.59	948		E	
MPU039	753	Mia Kuhn	Mpumalanga Province	2	1.54	920		E	
GAU091	407	Bianca Odendaal	Gauteng Province	3	1.49	886		E	
GAU086	402	Alicia Etsebeth	Gauteng Province	4	1.49	886		E	
FRE088	217	Leonie Wehrmeyer	Free State Province	5	1.49	886		E	
KZN019	570	Courtney du Preez	KwaZulu Natal	6	1.49	886		E	
GAU090	406	Kyla Muller	Gauteng Province	7	1.44	813		E	
NWP044	958	Dominique Skinder	North West Province	8	1.44	813		E	

3	G-13	Verspring	/ Long Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
LIM042	660	Subrina Schlesinger	Limpopo Province	1	5.15	926	0.75	E	
GAU096	412	Renate van Tonder	Gauteng Province	2	5.14	925		E	
GAU105	421	Luzandr� van Zyl	Gauteng Province	3	5.07	917		E	
GAU088	404	Armour� le Roux	Gauteng Province	4	5.03	912		E	
NWP039	953	Jone Kruger	North West Province	5	5.00	909		E	
GAU094	410	Somien Schutte	Gauteng Province	6	4.84	874		E	
FRE062	191	Clari Buys	Free State Province	7	4.75	845		E	
ECP059	59	Shamonique Saile	Eastern Cape Province	8	4.71	832		E	

17	G-13	Gewigstoot	/ Shot Put		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP050	50	Anneke Kapp	Eastern Cape Province	1	12.64	919		E	
WCP082	1105	Angeline Smith	Western Cape Province	2	12.15	910		E	
GAU077	393	Susanna Luther	Gauteng Province	3	12.00	907		E	
LIM040	658	Johane Pistorius	Limpopo Province	4	11.30	886		E	
GAU087	403	Nicole Fourie	Gauteng Province	5	11.14	879		E	
LIM035	653	Rone Freier von Houwald	Limpopo Province	6	11.05	875		E	
WCP064	1087	Angeline Dos Santos	Western Cape Province	7	10.64	856		E	
FRE068	197	Andri-Marie Gardner	Free State Province	8	10.33	842		E	

92	G-13	Diskusgooi	/ Discus Throw		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU072	388	Rudin� Botha	Gauteng Province	1	39.10	920		E	
LIM040	658	Johane Pistorius	Limpopo Province	2	38.24	914		E	
WCP082	1105	Angeline Smith	Western Cape Province	3	34.67	875		E	
GAU083	399	Yolandi Stander	Gauteng Province	4	33.68	858		E	
GAU075	391	Danae Kloppers	Gauteng Province	5	32.52	839		E	
LIM035	653	Rone Freier von Houwald	Limpopo Province	6	32.35	836		E	
FRE063	192	Esmari Coetzee	Free State Province	7	32.13	832		E	
FRE080	209	Alizma Prinsloo	Free State Province	8	31.56	822		E	

118	G-13	Spiesgooi	/ Javelin		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP082	1105	Angeline Smith	Western Cape Province	1	35.39	833		E	
LIM040	658	Johane Pistorius	Limpopo Province	2	32.98	788		E	
GAU084	400	Elizna von Alleman	Gauteng Province	3	32.96	787		E	
GAU078	394	Ronelle Naude	Gauteng Province	4	31.35	756		E	
GAU081	397	Carli Pretorius	Gauteng Province	5	30.85	746		E	
NWP040	954	Melindi Delpport	North West Province	6	28.89	706		E	
GAU083	399	Yolandi Stander	Gauteng Province	7	28.39	696		E	
WCP060	1083	Jay-Mare Amerika	Western Cape Province	8	27.08	668		E	

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47	B-10	80 m	/ 80 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU121	437	Kabelo Dhladhla	Gauteng Province	1	00:11.48	677		E
MPU059	773	Nkosana Mpinga	Mpumalanga Province	2	00:11.49	676		E
NCP044	877	Jacquin van Wyk	Northern Cape Province	3	00:11.50	675		E
WCP101	1124	Matthew Rich	Western Cape Province	4	00:11.51	673		E
NWP052	966	Henco v Wyk	North West Province	5	00:11.53	670		E
FRE096	225	Marcell Muller	Free State Province	6	00:11.63	657		E
ECP071	71	Heath Richards	Eastern Cape Province	7	00:11.75	642		E
FRE094	223	Iwan Maree	Free State Province	8	00:11.76	640		E
KZN033	584	Siyabonga Sibaya	KwaZulu Natal	9	00:11.84	630		E

123	B-10	100 m	/ 100 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU059	773	Nkosana Mpinga	Mpumalanga Province	1	00:13.65	774		E
NWP056	970	Martinus du Preez	North West Province	2	00:13.74	762		E
FRE100	229	Christian Noordman	Free State Province	3	00:13.77	758		E
NCP044	877	Jacquin van Wyk	Northern Cape Province	4	00:13.78	757		E
GAU126	442	Louw Prinsloo	Gauteng Province	5	00:13.81	753		E
GAU124	440	Tokollo Mashego	Gauteng Province	6	00:13.90	742		E
FRE096	225	Marcell Muller	Free State Province	7	00:13.91	741		E
NWP052	966	Henco v Wyk	North West Province	8	00:14.00	730		E
WCP090	1113	Daniel Adekayode	Western Cape Province	9	00:14.07	722		E

121	B-10	1200 m	/ 1200 m	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU112	428	Reinardt Grobler	Gauteng Province	1	03:50.56	786		E
ECP072	72	Lukanyo Sibawu	Eastern Cape Province	2	03:51.62	778		E
GAU107	423	Siyabonga Booysen	Gauteng Province	3	03:52.17	774		E
GAU108	424	Delpport Botha	Gauteng Province	4	03:57.55	735		E
ECP064	64	Sakhumzi Debegui	Eastern Cape Province	5	03:57.56	735		E
NWP054	968	Tshegofatso Ngwaoko	North West Province	6	04:08.92	666		E
KZN030	581	Nyanisile Ndongela	KwaZulu Natal	7	04:10.54	657		E
NWP055	969	M Seleko	North West Province	8	04:11.31	652		E
FRE102	231	Moalosi Ramolotsi	Free State Province	9	04:14.03	638		E
FRE099	228	Ben Nkosi	Free State Province	10	04:22.52	596		E

58	B-10	70 m Hekkies	/ 70 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE100	229	Christian Noordman	Free State Province	1	00:12.04	841		E
MPU054	768	Hendrik Louw	Mpumalanga Province	2	00:12.36	808		E
GAU117	433	Lehlohonolo Shokane	Gauteng Province	3	00:12.38	806		E
MPU060	774	Christiaan Pretorius	Mpumalanga Province	4	00:12.51	794		E
GAU122	438	Lindukuhle Gora	Gauteng Province	5	00:12.67	780		E
GAU120	436	Juandre Barnard	Gauteng Province	6	00:12.75	773		E
MPU062	776	Martin-John Saaiman	Mpumalanga Province	7	00:13.79	693		E

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134	B-10	4X100 m Aflos	/ 4X100 m Relay			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NCPA05	911	Northern Cape	Northern Cape Province	1	00:57.72	686		E	
FREA05	313	Free State	Free State Province	2	00:57.76	685		E	
NWPA05	1020	North West	North West Province	3	00:58.60	664		E	
GAUA05	548	Gauteng	Gauteng Province	4	00:58.88	657		E	
WCPA05	1206	Western Cape	Western Cape Province	5	00:59.16	650		E	
ECPA05	126	Eastern Cape	Eastern Cape Province	6	00:59.68	638		E	
KZNA05	615	KwaZulu Natal	KwaZulu Natal	7	00:59.82	634		E	
MPUA05	830	Mpumalanga	Mpumalanga Province	8	00:61.97	588		E	

27	B-10	Hoogspring	/ High Jump			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU056	770	Phillip Matfield	Mpumalanga Province	1	1.33	863		E	
LIM049	667	Irvin Maswangayi	Limpopo Province	2	1.31	828		E	
FRE092	221	Tiaan Booyens	Free State Province	3	1.30	810		E	
GAU118	434	Marthinus Slabbert	Gauteng Province	4	1.30	810		E	
GAU119	435	Jacobus van Dyk	Gauteng Province	5	1.30	810		E	
LIM056	674	Mulalo Tshivhaza	Limpopo Province	6	1.30	810		E	
FRE093	222	Chiraz Koetjie	Free State Province	7	1.20	642		E	
LIM051	669	Vorster Meyer	Limpopo Province	7	1.20	642		E	
WCP103	1126	Johannes Uys	Western Cape Province	7	1.20	642		E	
WCP102	1125	Aubrey Swartz	Western Cape Province	7	1.20	642		E	

105	B-10	Verspring	/ Long Jump			00:00.00	Final		
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE094	223	Iwan Maree	Free State Province	1	4.81	919	1.07	E	
FRE105	234	Zehan Westraadt	Free State Province	2	4.65	856		E	
LIM055	673	Christoffel Smith	Limpopo Province	3	4.62	835		E	
GAU115	431	Callaghn Nel	Gauteng Province	4	4.54	780		E	
GAU113	429	Tylon Kotze	Gauteng Province	5	4.44	714		E	
ECP068	68	Yanga Sotshozi	Eastern Cape Province	6	4.31	631		E	
MPU061	775	Brendan Robertson	Mpumalanga Province	7	4.28	613		E	
NWP056	970	Martinus du Preez	North West Province	8	4.20	564		E	

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49	B-11	80 m	/ 80 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU065	779	Tiaan du Preez	Mpumalanga Province	1	00:10.97	674		E	
GAU147	463	Paul Roos	Gauteng Province	2	00:10.98	672		E	
WCP118	1141	Justin Isaacs	Western Cape Province	3	00:11.03	665		E	
GAU141	457	Ruben Els	Gauteng Province	4	00:11.09	657		E	
WCP117	1140	Jermaine Isaacs	Western Cape Province	5	00:11.11	654		E	
FRE116	245	Jordan Mbisha	Free State Province	6	00:11.12	653		E	
NWP067	981	Kyle Jv Rensburg	North West Province	7	00:11.13	651		E	
MPU069	783	Ruan Kühn	Mpumalanga Province	8	00:11.45	610		E	
ECP085	85	Wyclef Vlitoor	Eastern Cape Province	9	00:11.50	604		E	

125	B-11	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU141	457	Ruben Els	Gauteng Province	1	00:13.29	743		E	
GAU147	463	Paul Roos	Gauteng Province	2	00:13.32	739		E	
NWP062	976	Donevan du Toit	North West Province	3	00:13.38	731		E	
NWP067	981	Kyle Jv Rensburg	North West Province	4	00:13.39	730		E	
GAU151	467	Christian Welman	Gauteng Province	5	00:13.43	725		E	
GAU149	465	Robin Shilabe	Gauteng Province	6	00:13.48	719		E	
MPU065	779	Tiaan du Preez	Mpumalanga Province	7	00:13.58	707		E	
ECP081	81	Jacobus Nell	Eastern Cape Province	8	00:13.66	698		E	
WCP117	1140	Jermaine Isaacs	Western Cape Province	9	00:13.68	696		E	
LIM063	681	Frans Matlala	Limpopo Province	10	00:13.78	685		E	

94	B-11	1200 m	/ 1200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
KZN038	589	Ayanda Mzizi	KwaZulu Natal	1	03:45.09	764		E	
KZN037	588	Siyethemba Msezane	KwaZulu Natal	2	03:45.63	760		E	
ECP080	80	Duma Mtvesi	Eastern Cape Province	3	03:47.07	749		E	
FRE120	249	Retshidisitswe Shai	Free State Province	4	03:48.69	737		E	
MPU072	786	Charl Naude	Mpumalanga Province	5	03:49.46	732		E	
WCP106	1129	Denver Andrews	Western Cape Province	6	03:49.51	732		E	
MPU074	788	Aldrin Willemse	Mpumalanga Province	7	03:55.57	692		E	
LIM064	682	Kabelo Leshilo	Limpopo Province	8	03:58.99	671		E	
KZN035	586	Lindokuhle Malinga	KwaZulu Natal	9	04:05.35	635		E	
WCP116	1139	Henk Jordaan	Western Cape Province	10	04:20.30	562		E	

60	B-11	70 m Hekkies	/ 70 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE116	245	Jordan Mbisha	Free State Province	1	00:11.38	814		E	
WCP109	1132	Tiaan du Plessis	Western Cape Province	2	00:11.39	813		E	
WCP112	1135	Pieter Gilliomee	Western Cape Province	3	00:11.52	799		E	
FRE109	238	Zander du Plessis	Free State Province	4	00:11.57	794		E	
WCP120	1143	Richard Kriel	Western Cape Province	5	00:11.65	786		E	
GAU130	446	Rubin Greyling	Gauteng Province	6	00:11.70	781		E	
MPU065	779	Tiaan du Preez	Mpumalanga Province	7	00:11.75	776		E	
FRE123	252	Gerdus vd Vyver	Free State Province	8	00:11.77	775		E	
FRE111	240	Jean-Löther Erasmus	Free State Province	9	00:11.95	758		E	

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136	B-11	4X100 m Aflos	/ 4X100 m Relay		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA06	549	Gauteng	Gauteng Province	1	00:54.11	710		E	
MPUA06	831	Mpumalanga	Mpumalanga Province	2	00:54.48	700		E	
FREA06	314	Free State	Free State Province	3	00:55.44	673		E	
WCPA06	1207	Western Cape	Western Cape Province	4	00:55.58	669		E	
ECPA06	127	Eastern Cape	Eastern Cape Province	5	00:55.66	667		E	
NWPA06	1021	North West	North West Province	6	00:56.52	645		E	
LIMA06	1226	Limpopo	Limpopo Province	7	00:61.03	546		E	

97	B-11	Hoogspring	/ High Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP066	980	Edmund Graupner	North West Province	1	1.47	900		E	
WCP115	1138	Ahmed Hajje	Western Cape Province	2	1.47	900		E	
WCP122	1145	Breyton Poole	Western Cape Province	3	1.44	850		E	
GAU128	444	Marco Bouwman	Gauteng Province	4	1.38	753		E	
GAU131	447	Niel Kirsten	Gauteng Province	5	1.33	677		E	
LIM059	677	Steyn van Staden	Limpopo Province	6	1.33	677		E	
GAU130	446	Rubin Greyling	Gauteng Province	7	1.28	602		E	
WCP121	1144	Tiso Moretlwe	Western Cape Province	7	1.28	602		E	

23	B-11	Verspring	/ Long Jump		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE119	248	Karabelo Seboloki	Free State Province	1	4.99	827	0.96	E	
NWP062	976	Donevan du Toit	North West Province	2	4.79	703		E	
ECP086	86	Sokwakhana Zazini	Eastern Cape Province	3	4.76	686		E	
FRE121	250	Johan Stadler	Free State Province	4	4.75	680		E	
MPU069	783	Ruan Kühn	Mpumalanga Province	5	4.68	639		E	
MPU071	785	Ruan Labuschagne	Mpumalanga Province	6	4.66	627		E	
WCP111	1134	Mark Etzebeth	Western Cape Province	7	4.60	593		E	
WCP119	1142	Jaydin Kouter	Western Cape Province	8	4.55	565		E	

64	B-11	Gewigstoot	/ Shot Put		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU138	454	Evan Roos	Gauteng Province	1	12.28	906		E	
FRE106	235	Herman Agenbag	Free State Province	2	12.13	902		E	
GAU136	452	Lehlohonolo Ndlovu	Gauteng Province	3	12.09	901		E	
WCP108	1131	Jaco Claassen	Western Cape Province	4	12.07	900		E	
GAU129	445	Jonathan de Lacey	Gauteng Province	5	11.91	886		E	
WCP107	1130	Arend Muhamad	Western Cape Province	6	11.55	856		E	
FRE110	239	Roux Duvenhage	Free State Province	7	11.54	855		E	
GAU140	456	Michael vd Walt	Gauteng Province	8	11.05	815		E	

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127	B-12	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP135	1158	Stanton Lewies	Western Cape Province	1	00:12.42	785		E	
GAU181	497	Thabang Letsoalo	Gauteng Province	2	00:12.51	771		E	
GAU173	489	Thembo Monareng	Gauteng Province	3	00:12.53	768		E	
WCP141	1164	Tyron Muller	Western Cape Province	4	00:12.57	763		E	
GAU179	495	Thandolwenkosi Dlodlo	Gauteng Province	5	00:12.89	720		E	
GAU180	496	Itumeleng Kgagara	Gauteng Province	6	00:12.98	709		E	
FRE128	257	Ronaldo Davids	Free State Province	7	00:13.21	682		E	
ECP097	97	Tomose Ncedisani	Eastern Cape Province	8	00:13.32	670		E	

51	B-12	150 m	/ 150 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU173	489	Thembo Monareng	Gauteng Province	1	00:19.25	766		E	
GAU181	497	Thabang Letsoalo	Gauteng Province	2	00:19.36	757		E	
GAU179	495	Thandolwenkosi Dlodlo	Gauteng Province	3	00:19.54	742		E	
WCP141	1164	Tyron Muller	Western Cape Province	4	00:19.60	737		E	
GAU180	496	Itumeleng Kgagara	Gauteng Province	5	00:20.16	694		E	
FRE128	257	Ronaldo Davids	Free State Province	6	00:20.62	663		E	
KZN041	592	Vuyiswa Ndabeni	KwaZulu Natal	7	00:23.91	488		E	

112	B-12	1200 m	/ 1200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
ECP096	96	Mzwandile Ncaluka	Eastern Cape Province	1	03:35.61	775		E	
KZN044	595	Siphesihle Tshazi	KwaZulu Natal	2	03:41.21	733		E	
MPU098	812	Mncedisi Dube	Mpumalanga Province	3	03:42.74	722		E	
LIM074	692	Katlego Maphuta	Limpopo Province	4	03:43.72	715		E	
LIM071	689	David Mafome	Limpopo Province	5	03:48.29	685		E	
GAU176	492	Mogomotsi Nxumalo	Gauteng Province	6	03:48.36	684		E	
NWP076	990	Letlhogonolo More	North West Province	7	03:50.22	673		E	
FRE136	265	Phelani Maduwa	Free State Province	8	03:51.85	663		E	

63	B-12	75 m Hekkies	/ 75 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE149	277	Janco van Heyningen	Free State Province	1	00:11.76	845		E	
GAU156	472	Karabo Dhladhla	Gauteng Province	2	00:12.27	792		E	
GAU226	542	Adriaan Claasen	Gauteng Province	3	00:12.28	791		E	
WCP137	1160	Linford Maree	Western Cape Province	4	00:12.34	786		E	
WCP144	1167	Arend Stapelberg	Western Cape Province	5	00:12.37	783		E	
FRE137	266	Thapelo Maholela	Free State Province	6	00:12.54	768		E	
GAU175	491	Daniël Ngobeni	Gauteng Province	7	00:12.69	755		E	
NWP079	993	Kabelo Mafomekoane	North West Province	8	00:12.90	738		E	

114	B-12	150 m Hekkies	/ 150 m Hurdles	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP137	1160	Linford Maree	Western Cape Province	1	00:21.24	923		E	
FRE149	277	Janco van Heyningen	Free State Province	2	00:21.60	879		E	
FRE130	259	Muller du Plessis	Free State Province	3	00:21.70	869		E	
WCP146	1169	Christiaan vd Westhuizen	Western Cape Province	4	00:21.82	856		E	
WCP144	1167	Arend Stapelberg	Western Cape Province	5	00:21.89	849		E	
GAU182	498	Heinrich Marx	Gauteng Province	6	00:22.21	818		E	
GAU184	500	Adriaan Vorster	Gauteng Province	7	00:22.27	813		E	
ECP088	88	Silusapho Dingiswayo	Eastern Cape Province	8	00:26.84	536		E	

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138	B-12	4X100 m Aflos	/ 4X100 m Relay	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAUA07	550	Gauteng	Gauteng Province	1	00:50.14	763		E	
WCPA07	1208	Western Cape	Western Cape Province	2	00:51.23	726		E	
LIMA07	1227	Limpopo	Limpopo Province	3	00:53.51	659		E	
FREA07	315	Free State	Free State Province	4	00:53.70	654		E	
KZNA07	617	KwaZulu Natal	KwaZulu Natal	5	00:53.79	652		E	
MPUA07	832	Mpumalanga	Mpumalanga Province	6	00:53.95	648		E	
ECPA07	128	Eastern Cape	Eastern Cape Province	7	00:54.32	638		E	
NCPA07	913	Northern Cape	Northern Cape Province	8	00:54.82	626		E	
NWPA07	1022	North West	North West Province	9	00:58.11	551		E	

4	B-12	Hoogspring	/ High Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU156	472	Karabo Dhladhla	Gauteng Province	1	1.64	916		E	
ECP101	101	Waqar Solaan	Eastern Cape Province	2	1.61	904		E	
FRE144	273	Richard Naudé	Free State Province	3	1.48	722		E	
WCP142	1165	Sherno Pick	Western Cape Province	4	1.48	722		E	
GAU161	477	Leandré van Rooyen	Gauteng Province	5	1.48	722		E	
FRE139	268	Jackson Meya	Free State Province	6	1.43	652		E	
GAU174	490	Luzandre Mora	Gauteng Province	7	1.43	652		E	
WCP133	1156	Le Roux Kloppers	Western Cape Province	8	1.43	652		E	
ECP098	98	Masixole Nketyana	Eastern Cape Province	9	1.43	652		E	
NWP077	991	Jerico Oor	North West Province	10	1.43	652		E	

80	B-12	Verspring	/ Long Jump	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU156	472	Karabo Dhladhla	Gauteng Province	1	5.18	717	50.5	E	
FRE138	267	Tsebo Matsoso	Free State Province	2	5.14	694		E	
GAU168	484	Shane Lindsay	Gauteng Province	3	5.03	635		E	
WCP137	1160	Linford Maree	Western Cape Province	4	5.00	619		E	
WCP145	1168	Simon Steven	Western Cape Province	5	5.00	619		E	
GAU169	485	Juan-Paul Maré	Gauteng Province	6	4.97	603		E	
WCP131	1154	Kyle Green	Western Cape Province	7	4.71	470		E	
LIM070	688	Kgaugelo Lekgau	Limpopo Province	8	4.65	440		E	

96	B-12	Gewigstoot	/ Shot Put	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU157	473	Tristan Nel	Gauteng Province	1	12.18	819		E	
NWP074	988	BJ vd Merwe	North West Province	2	11.78	789		E	
FRE127	256	GJ Burger	Free State Province	3	11.63	779		E	
FRE143	272	Naudé Naudé	Free State Province	4	11.14	744		E	
MPU109	823	Ruben Vermaak	Mpumalanga Province	5	10.91	728		E	
GAU155	471	Kayle Bignaut	Gauteng Province	6	10.86	724		E	
ECP089	89	Gerrit du Preez	Eastern Cape Province	7	10.84	723		E	
LIM077	695	Tiaan Raubenheimer	Limpopo Province	8	10.80	720		E	

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18	B-12	Diskusgooi	/ Discus Throw	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU160	476	Willem Thuynsma	Gauteng Province	1	39.31	908	E	
FRE147	276	JC Schultz	Free State Province	2	37.89	888	E	
NWP074	988	BJ vd Merwe	North West Province	3	36.21	848	E	
GAU154	470	Christopher Black	Gauteng Province	4	35.05	821	E	
FRE143	272	Naudé Naudé	Free State Province	5	33.28	781	E	
GAU155	471	Kayle Blignaut	Gauteng Province	6	32.89	772	E	
FRE135	264	Reinard Jordaan	Free State Province	7	32.61	766	E	
FRE129	258	Dian du Bruyn	Free State Province	8	32.15	755	E	

43	B-12	Spiesgooi	/ Javelin	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP069	983	Werner Dames	North West Province	1	42.05	977	E	
WCP130	1153	Janke du Toit	Western Cape Province	2	38.59	922	E	
WCP139	1162	Dawid Mering	Western Cape Province	3	37.56	908	E	
GAU158	474	Brenden Skinner	Gauteng Province	4	36.33	876	E	
GAU164	480	Mitchelle vd Merwe	Gauteng Province	5	36.14	868	E	
FRE132	261	Tiaan Gouws	Free State Province	6	34.41	806	E	
WCP138	1161	Richard Marshall	Western Cape Province	7	34.41	806	E	
LIM076	694	Lerato Ntsoane	Limpopo Province	8	33.96	790	E	

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129	B-13	100 m	/ 100 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP089	1003	Lione Pretorius	North West Province	1	00:12.10	763		E	
NWP090	1004	Phetogo Sebonego	North West Province	2	00:12.20	748		E	
WCP174	1197	Franklin Wagner	Western Cape Province	3	00:12.23	744		E	
LIM080	698	Kenneth Boy	Limpopo Province	4	00:12.27	739		E	
FRE166	294	David Moalusi	Free State Province	5	00:12.28	737		E	
FRE163	291	Tlotliso Leotlela	Free State Province	6	00:12.41	720		E	
ECP116	116	Kamwa Parkies	Eastern Cape Province	7	00:12.52	706		E	
WCP161	1184	Thayne Jones	Western Cape Province	8	00:12.61	695		E	

53	B-13	200 m	/ 200 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE164	292	Lehlohonolo Makhamba	Free State Province	1	00:24.50	797		E	
LIM080	698	Kenneth Boy	Limpopo Province	2	00:24.66	786		E	
NWP089	1003	Lione Pretorius	North West Province	3	00:24.69	784		E	
WCP149	1172	Kyle Appel	Western Cape Province	4	00:25.00	764		E	
WCP161	1184	Thayne Jones	Western Cape Province	5	00:25.20	751		E	
WCP160	1183	Lyalie Johnson	Western Cape Province	6	00:25.27	747		E	
ECP116	116	Kamwa Parkies	Eastern Cape Province	7	00:25.71	722		E	
MPU088	802	Lungelo Mashabane	Mpumalanga Province	8	00:26.91	659		E	

68	B-13	800 m	/ 800 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU205	521	Mandla Ntlumanyo	Gauteng Province	1	02:07.71	878		E	
KZN049	600	Mthobisi Mbuyisa	KwaZulu Natal	2	02:09.65	833		E	
ECP112	112	A Mnukelewa	Eastern Cape Province	3	02:11.61	793		E	
FRE152	280	Maxwell Belo	Free State Province	4	02:11.78	790		E	
GAU217	533	Jethro Pieters	Gauteng Province	5	02:13.51	758		E	
GAU218	534	Marnus Roberts	Gauteng Province	6	02:13.53	758		E	
NCP067	900	Arno Cloete	Northern Cape Province	7	02:13.82	752		E	
MPU091	805	Albertus Richter	Mpumalanga Province	8	02:15.89	718		E	
GAU215	531	Linda Ngwenya	Gauteng Province	9	02:17.33	696		E	
LIM086	704	Pontsho Mocheche	Limpopo Province	10	02:19.62	662		E	

131	B-13	1500 m	/ 1500 m	00:00.00	Final				
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU205	521	Mandla Ntlumanyo	Gauteng Province	1	04:29.12	885		E	
GAU204	520	Nkosinathi Nkosi	Gauteng Province	2	04:29.39	883		E	
ECP114	114	Sibaxolele Ngebulana	Eastern Cape Province	3	04:29.55	882		E	
ECP111	111	Thabile Mkhupheni	Eastern Cape Province	4	04:37.63	830		E	
FRE152	280	Maxwell Belo	Free State Province	5	04:38.10	827		E	
GAU206	522	Migael Strydom	Gauteng Province	6	04:39.52	819		E	
KZN056	607	Thabiso Mncube	KwaZulu Natal	7	04:39.76	818		E	
FRE167	295	Tshepo Mokau	Free State Province	8	04:43.37	798		E	

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66	B-13	80 m Hekkie	/ 80 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
MPU093	807	Mpho Tladi	Mpumalanga Province	1	00:11.60	816	E	
NWP082	996	Alwayn Bothma	North West Province	2	00:11.61	815	E	
MPU081	795	Hans Greyling	Mpumalanga Province	3	00:11.70	806	E	
FRE164	292	Lehlohonolo Makhamba	Free State Province	4	00:11.92	784	E	
FRE178	306	Xander vd Walt	Free State Province	5	00:11.97	780	E	
FRE171	299	Nico Prinsloo	Free State Province	6	00:12.08	769	E	
NWP093	1007	Ruan Minnaar	North West Province	7	00:12.30	750	E	
WCP162	1185	Eugene Kleinhans	Western Cape Province	8	00:13.68	649	E	
WCP151	1174	Lance Blows	Western Cape Province	9	00:16.93	488	E	

116	B-13	200 m Hekkie	/ 200 m Hurdles	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE164	292	Lehlohonolo Makhamba	Free State Province	1	00:27.60	852	E	
FRE171	299	Nico Prinsloo	Free State Province	2	00:27.96	824	E	
MPU092	806	Hendrik Susan	Mpumalanga Province	3	00:28.41	793	E	
MPU081	795	Hans Greyling	Mpumalanga Province	4	00:28.42	792	E	
MPU083	797	Jacob Joubert	Mpumalanga Province	5	00:28.79	768	E	
NWP082	996	Alwayn Bothma	North West Province	6	00:28.82	766	E	
LIM081	699	Abraham de Beer	Limpopo Province	7	00:28.83	766	E	
GAU225	541	Riccardo Meyer	Gauteng Province	8	00:29.66	718	E	

132	B-13	1500 m Stap	/ 1500 m Walk	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU196	512	Pierre Vermaak	Gauteng Province	1	07:13.60	920	E	R
WCP178	1201	Ruan Lochner	Western Cape Province	2	07:40.39	878	E	
FRE174	302	Dumisani Sithole	Free State Province	3	07:40.95	877	E	
GAU188	504	Jacques de Jager	Gauteng Province	4	08:06.01	844	E	
FRE172	300	Thabang Sandawane	Free State Province	5	08:22.76	824	E	
WCP177	1200	Rihaldo Witbooi	Western Cape Province	6	08:23.81	822	E	
FRE157	285	Jason Fourie	Free State Province	7	08:26.06	820	E	
WCP166	1189	Runaldo Neethling	Western Cape Province	8	08:29.66	816	E	

78	B-13	Hoogspring	/ High Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU198	514	Leonardus de Kramer	Gauteng Province	1	1.64	801	E	
GAU199	515	Wesley Frisby	Gauteng Province	2	1.59	733	E	
LIM085	703	Pieter Kruger	Limpopo Province	3	1.59	733	E	
WCP154	1177	Frederick Conradie	Western Cape Province	4	1.49	603	E	
FRE158	286	Stephan Jacobs	Free State Province	5	1.49	603	E	
KZN053	604	Cayden Porter	KwaZulu Natal	6	1.49	603	E	
ECP115	115	Gamalipheli Njeza	Eastern Cape Province	7	1.44	541	E	
LIM095	713	Henjo van Beek	Limpopo Province	8	1.44	541	E	

2	B-13	Verspring	/ Long Jump	00:00.00	Final			
	Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
GAU207	523	Brolin Truter	Gauteng Province	1	5.82	876	0.8	E
WCP164	1187	Peter Machall	Western Cape Province	2	5.78	853	E	
NWP093	1007	Ruan Minnaar	North West Province	3	5.55	727	E	
WCP176	1199	Kyle Williams	Western Cape Province	4	5.46	681	E	
MPU093	807	Mpho Tladi	Mpumalanga Province	5	5.41	655	E	
LIM088	706	Stephen Nel	Limpopo Province	6	5.39	645	E	
MPU077	791	Maudas Banda	Mpumalanga Province	7	5.38	640	E	
GAU201	517	Juandr� Judeel	Gauteng Province	8	5.34	620	E	
ECP115	115	Gamalipheli Njeza	Eastern Cape Province	9	5.11	509	E	

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41	B-13	Gewigstoot	/ Shot Put		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
WCP150	1173	Riaan Barnard	Western Cape Province	1	13.60	831		E	
LIM083	701	Schalk Erasmus	Limpopo Province	2	13.52	826		E	
MPU084	798	Phillip Krause	Mpumalanga Province	3	12.64	768		E	
WCP173	1196	Jared Swanepoel	Western Cape Province	4	12.63	767		E	
FRE175	303	Knocks Stevens	Free State Province	5	12.38	751		E	
GAU195	511	Eduard Pretorius	Gauteng Province	6	12.20	740		E	
GAU190	506	Patrick Duvenhage	Gauteng Province	7	11.94	723		E	
NWP086	1000	MJ Peleser	North West Province	8	11.78	713		E	

117	B-13	Diskusgooi	/ Discus Throw		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
FRE175	303	Knocks Stevens	Free State Province	1	44.38	927		E	
LIM089	707	Gavin Nel	Limpopo Province	2	42.72	914		E	
LIM083	701	Schalk Erasmus	Limpopo Province	3	41.72	906		E	
WCP153	1176	Nicolaas Claassen	Western Cape Province	4	40.00	878		E	
NWP085	999	Francois Crafford	North West Province	5	39.56	868		E	
MPU084	798	Phillip Krause	Mpumalanga Province	6	38.55	845		E	
WCP173	1196	Jared Swanepoel	Western Cape Province	7	38.35	841		E	
GAU194	510	Reyno Potgieter	Gauteng Province	8	36.76	806		E	

91	B-13	Spiesgooi	/ Javelin		00:00.00	Final			
		Athlete	Team	Place	Performance	Table point	Wind	H/E	Record
NWP096	1010	Paul Botha	North West Province	1	43.88	936		E	
LIM088	706	Stephen Nel	Limpopo Province	2	41.56	907		E	
GAU186	502	Brain Boucher	Gauteng Province	3	39.46	848		E	
FRE159	287	TJ Jv Rensburg	Free State Province	4	39.24	841		E	
WCP152	1175	Bryan Buitendag	Western Cape Province	5	39.21	840		E	
ECP103	103	Chuanpaul Bezuidenhout	Eastern Cape Province	6	37.33	780		E	
GAU185	501	Ruan Allers	Gauteng Province	7	36.66	760		E	
FRE179	307	Marco v Deventer	Free State Province	8	35.67	730		E	