



Team report for Sedibeng-West (D8)

Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Dihan	Crause	B	17	102 - 200m	21.70	2
	Dihan	Crause	B	17	102 - 200m*	21.83	1
	Kian	Du Toit	B	17	116 - HT	39.54	4
	Jp	Fourie	B	17	70 - HJ*	1.80	2
	Elrich	Hugo	B	17	45 - 110mH*	16.06	4
	Atlehang	Komape	B	17	118 - 400mH*	1:04.66	7
	Pieter	Kruger	B	17	118 - 400mH*	1:03.58	7
	Wihandrè	Kruger	B	17	27 - JT*	47.14	6
	Ensamba	Lunkeba	B	17	28 - 400m*	53.28	4
	Nickus	Maritz	B	17	10 - SP	16.55	4
	Nickus	Maritz	B	17	139 - DT	48.45	2
	Nickus	Maritz	B	17	116 - HT	47.41	3
	Brandon	Matthews	B	17	10 - SP	17.23	3
	Brandon	Matthews	B	17	139 - DT	47.90	3
	Brandon	Matthews	B	17	27 - JT*	40.89	7
	Heinrich	Minnie	B	17	93 - 10kmW	1:14:20.66	6
	Themba	Nkosi	B	17	35 - 1500m*	4:35.83	10
	Eon	V D Westhuizen	B	17	102 - 200m*	23.47	5
	Eon	V D Westhuizen	B	17	102 - 200m*	23.32	7
	Eon	V D Westhuizen	B	17	16 - 100m*	11.83	5
	Divan	Bezuidenhout	B	15	42 - 100mH*	15.26	4
	Prince	Dzentima	B	15	14 - 100m*	11.39	4
	Prince	Dzentima	B	15	14 - 100m*	11.81	7
	Aldo	Fourie	B	15	96 - DT	50.44	5
	Aldo	Fourie	B	15	52 - SP	14.54	7
	Kalvin	Karp	B	15	126 - HT	39.04	2
	Kelebogile	Maila	B	15	114 - 300mH*	43.61	3
	Waldo	McClean	B	15	7 - JT*	52.33	1
	Waldo	McClean	B	15	7 - JT	50.49	5
	Tshepo	Moloi	B	15	22 - HJ*	1.70	6
	Micheal	Redlinghuis	B	15	22 - HJ	1.80	2
	Micheal	Redlinghuis	B	15	22 - HJ*	1.70	2
	Cornelius	Robberts	B	15	24 - 400m*	55.21	4
	Cornelius	Robberts	B	15	100 - 200m*	24.17	3
	Cornelius	Robberts	B	15	100 - 200m*	24.27	7
	Danielo	Seiros	B	15	114 - 300mH*	53.58	6
	Divan	Swanepoel	B	15	24 - 400m*	53.72	1
	Divan	Swanepoel	B	15	24 - 400m	55.04	7
	Divan	Swanepoel	B	15	14 - 100m*	11.64	2
	Divan	Swanepoel	B	15	100 - 200m*	24.06	3



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No	Name	Surname	Gen	Age	Event	Result	Plc
	Divan	Swanepoel	B	15	14 - 100m*	11.96	8
	Divan	Swanepoel	B	15	100 - 200m*	24.73	7
	John-Pierre	Theron	B	15	126 - HT	54.86	1
	John-Pierre	Theron	B	15	96 - DT	46.55	6
	Bokang	Tsoari	B	15	133 - 3000m	11:01.32	11
	Tiaan	Van Der Walt	B	15	125 - 800m	2:12.26	7
	Tiaan	Van Der Walt	B	15	125 - 800m*	2:12.71	7
	Jaco	Venter	B	15	7 - JT	40.33	8
	Jaco	Venter	B	15	7 - JT*	38.52	3
	Danelle	Brink	G	17	8 - DT	41.08	4
	Johanka	De Villers	G	17	25 - 400m	57.61	4
	Johanka	De Villers	G	17	25 - 400m*	59.80	1
	Lennique	De Winnaar	G	17	101 - 200m*	26.08	1
	Lennique	De Winnaar	G	17	101 - 200m*	26.28	1
	Lennique	De Winnaar	G	17	101 - 200m	26.71	7
	Astrid	Fourie	G	17	101 - 200m*	26.40	1
	Astrid	Fourie	G	17	101 - 200m	26.46	6
	Astrid	Fourie	G	17	101 - 200m*	26.60	2
	Astrid	Fourie	G	17	15 - 100m*	12.67	2
	Astrid	Fourie	G	17	15 - 100m*	13.23	4
	Mia	Fourie	G	17	18 - HT	51.03	2
	Mieke	Grobler	G	17	41 - 100mH	14.88	7
	Mieke	Grobler	G	17	115 - 400mH*	1:10.81	2
	Hanna	Korend	G	17	129 - 800m*	2:53.40	11
	Hanna	Korend	G	17	34 - 1500m*	5:30.33	9
	Christi	Louw	G	17	94 - PV	3.00	1
	Michaela	Pretorius	G	17	92 - 5000mW	34:23.44	7
	Tshegofatso	Ranake	G	17	115 - 400mH*	1:36.91	7
	Selna	Van As	G	17	129 - 800m	2:22.07	7
	Selna	Van As	G	17	129 - 800m*	2:29.24	2
	Selna	Van As	G	17	34 - 1500m*	5:11.59	4
	Taylon	Van Breda	G	17	41 - 100mH	14.16	1
	Taylon	Van Breda	G	17	140 - TJ	11.42	3
	Taylon	Van Breda	G	17	51 - LJ	5.74	3
	Jaylin	Van Dyk	G	17	18 - HT	56.90	1
	Alethea	Visser	G	17	41 - 100mH	14.52	3
	Alethea	Visser	G	17	51 - LJ	5.51	5
	Michaela	Cowan	G	15	124 - 800m*	2:28.04	7
	Michaela	Cowan	G	15	124 - 800m	2:33.17	14
	Janicka	Du Plooy	G	15	40 - 90mH	13.37	4



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No	Name	Surname	Gen	Age	Event	Result	Plc
	Janicka	Du Plooy	G	15	40 - 90mH*	13.58	2
	Teegan	Enslin	G	15	9 - HJ	1.55	2
	Teegan	Enslin	G	15	9 - HJ*	1.50	3
	Zheete	Gordon	G	15	107 - TJ	10.57	4
	Zheete	Gordon	G	15	13 - 100m*	13.21	7
	Zheete	Gordon	G	15	13 - 100m*	13.37	3
	Zheete	Gordon	G	15	71 - LJ	5.00	7
	Denicia	Hamilton	G	15	29 - DT	30.56	8
	Lynnè	Heymans	G	15	23 - 400m	1:01.38	5
	Lynnè	Heymans	G	15	23 - 400m*	1:01.46	1
	Lynnè	Heymans	G	15	99 - 200m*	26.94	2
	Lynnè	Heymans	G	15	99 - 200m*	26.92	4
	Elouise	J Van Rensburg	G	15	99 - 200m*	26.42	2
	Elouise	J Van Rensburg	G	15	99 - 200m*	26.51	2
	Elouise	J Van Rensburg	G	15	13 - 100m*	12.91	4
	Elouise	J Van Rensburg	G	15	99 - 200m	27.41	8
	Elouise	J Van Rensburg	G	15	13 - 100m*	13.09	6
	Lijanè	J.V. Rensburg	G	15	18 - HT	51.97	1
	Emma	Loubser	G	15	40 - 90mH*	15.74	6
	Emma	Loubser	G	15	113 - 300mH*	54.07	6
	Marie	Louw	G	15	110 - PV	2.10	1
	Leanè	Nieuwenhuizen	G	15	107 - TJ	10.48	5
	Mienki	Nortje	G	15	107 - TJ	11.05	2
	Mienki	Nortje	G	15	71 - LJ	5.40	2
	Tine	Pretorius	G	15	4 - 5000mW	31:38.89	5
	Timone	Scheuer	G	15	18 - HT	43.59	2
	Lianè	Smit	G	15	98 - JT	36.10	4
	Lianè	Smit	G	15	98 - JT*	33.85	1
	Megan	Smith	G	15	107 - TJ	9.92	6
	Mercedes	Van Zyl	G	15	124 - 800m*	2:42.64	11
	Katiana	Wiese	G	15	112 - 3000m	12:32.41	11
	Thabang	Borole	M	19	132 - 800m*	2:15.69	10
	Oratile	Dyoyi	M	19	20 - 100m*	11.52	7
	Shaun	Kerrs	M	19	119 - 400mH*	59.72	3
	Thabang	Kobeli	M	19	31 - 400m*	51.89	4
	Thabang	Kobeli	M	19	111 - 200m*	22.65	1
	Thabang	Kobeli	M	19	111 - 200m*	22.85	4
	Thabang	Kobeli	M	19	20 - 100m*	11.39	3
	Thabang	Kobeli	M	19	20 - 100m*	11.75	7
	Ofentse	Makhubo	M	19	46 - 110mH*	16.23	3

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No	Name	Surname	Gen	Age	Event	Result	Plc
	Ofentse	Makhubo	M	19	46 - 110mH	16.37	8
	Zane	Marais	M	19	50 - HJ*	1.85	3
	Johan	Naude	M	19	17 - JT	42.95	7
	Johan	Naude	M	19	17 - JT*	41.64	7
	Skhumbuzo	Ngwenya	M	19	60 - 3000mSc	10:01.30	3
	Zandre	Schoeman	M	19	154 - HT	51.54	3
	Mohau	Senokoane	M	19	12 - 1500m*	4:31.50	11
	Tshimologo	Tshabalala	M	19	50 - HJ*	1.85	3
	Tshimologo	Tshabalala	M	19	50 - HJ	1.80	9
	Donovan	Vd Merwe	M	19	46 - 110mH*	19.88	5
	Ruan	Visser	M	19	17 - JT	50.12	4
	Rodger	Vorster	M	19	154 - HT	59.06	1
	Angelique	Benade	W	19	19 - 100m*	13.17	3
	Angelique	Benade	W	19	19 - 100m*	13.42	8
	Angelique	Benade	W	19	37 - LJ	4.74	7
	Elmari	Beyers	W	19	108 - JT	30.13	9
	Marli	Dimond	W	19	131 - 800m	2:12.99	1
	Zandre	Du Plessis	W	19	19 - 100m*	13.20	4
	Zandre	Du Plessis	W	19	19 - 100m*	13.33	6
	Janine	Esterhuizen	W	19	103 - 200m*	29.67	6
	Abigail	Evitts	W	19	112 - 3000m	11:35.73	4
	Jorina	Le Roux	W	19	53 - HT	21.39	4
	Cherise	Moolman	W	19	108 - JT	21.93	16
	Sune	Snyman	W	19	61 - 3000mSc	12:21.18	1
	Natanya	Steyn	W	19	127 - SP	10.17	6
	Zodwa	Thebehadi	W	19	11 - 1500m*	6:30.27	8
	Tenique	Van Vuuren	W	19	53 - HT	18.57	5
	Shalain	Vd Berg	W	19	103 - 200m*	26.97	5
	Tracey	Visser	W	19	131 - 800m*	2:44.18	5
	Tracey	Visser	W	19	131 - 800m	2:47.86	9

Medals (excluding relays) - Gold: 9 Silver: 9 Bronze: 8