



Team report for Jhb East (D9)

Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Chinedu	Amadi	B	17	10 - SP	17.44	2
	Michael	Bownes	B	17	27 - JT*	46.27	8
	Dylan	Cooper	B	17	102 - 200m*	22.51	1
	Dylan	Cooper	B	17	102 - 200m*	22.22	3
	Dylan	Cooper	B	17	102 - 200m	22.55	4
	Dylan	Cooper	B	17	16 - 100m*	11.35	3
	Dylan	Cooper	B	17	16 - 100m*	11.45	6
	Troy	Esterhuizen	B	17	28 - 400m*	54.20	5
	William	Johnstone	B	17	28 - 400m*	52.78	4
	Kevin	Malicky	B	17	130 - 800m*	2:04.55	6
	Kevin	Malicky	B	17	130 - 800m	2:15.36	10
	Mokuno	Manavhela	B	17	16 - 100m	10.37	1
	Mokuno	Manavhela	B	17	16 - 100m*	10.58	1
	Mokuno	Manavhela	B	17	16 - 100m*	10.75	1
	Boitumelo	Mateya	B	17	45 - 110mH	14.10	2
	Boitumelo	Mateya	B	17	45 - 110mH*	14.49	1
	Lesedi	Mphelane	B	17	93 - 10kmW	54:39.54	2
	Lesedi	Mphelane	B	17	93 - 10kmW	54:39.54	2
	Emmanuel	Uwandu	B	17	102 - 200m*	21.99	2
	Emmanuel	Uwandu	B	17	102 - 200m	22.85	5
	Emmanuel	Uwandu	B	17	102 - 200m*	23.16	3
	Joshua	Wilkinson	B	17	21 - LJ	7.10	1
	Benlouw	Booyens	B	15	126 - HT	31.48	7
	Carter	Faul	B	15	22 - HJ*	1.75	1
	Diederick	Kleyn	B	15	114 - 300mH*	44.31	5
	Siyanda	Malone	B	15	133 - 3000m	9:17.50	3
	Siyanda	Malone	B	15	33 - 1500m	4:12.45	4
	Siyanda	Malone	B	15	33 - 1500m*	4:23.80	1
	Derek	Manaka	B	15	24 - 400m*	58.32	4
	Kgopotso	Manaleng	B	15	42 - 100mH*	12.91	1
	Kgopotso	Manaleng	B	15	42 - 100mH	13.89	3
	Kgopotso	Manaleng	B	15	14 - 100m*	11.09	1
	Kgopotso	Manaleng	B	15	14 - 100m	11.04	3
	Kgopotso	Manaleng	B	15	14 - 100m*	11.15	3
	Makarios	Mapfuma	B	15	42 - 100mH*	18.72	7
	Amogelang	Mogashane	B	15	33 - 1500m*	4:27.89	4
	Amogelang	Mogashane	B	15	33 - 1500m	4:31.39	9
	Amogelang	Mogaswi	B	15	125 - 800m*	2:10.96	5
	Amogelang	Mogaswi	B	15	125 - 800m	2:14.85	12
	Bright	Mutombe	B	15	100 - 200m*	25.83	5



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No	Name	Surname	Gen	Age	Event	Result	Plc
	Thabiso	Ndlovu	B	15	125 - 800m*	2:09.47	4
	Thabiso	Ndlovu	B	15	125 - 800m	2:11.89	6
	Lindani	Nkabini	B	15	133 - 3000m	10:46.12	9
	Logan	Oosthuizen	B	15	100 - 200m*	23.47	1
	Logan	Oosthuizen	B	15	100 - 200m	23.42	6
	Logan	Oosthuizen	B	15	100 - 200m*	23.58	4
	Logan	Oosthuizen	B	15	14 - 100m*	11.63	3
	Kealeboga	Seleke	B	15	24 - 400m*	1:01.78	6
	Victor	Ugbaja	B	15	100 - 200m*	23.95	3
	Victor	Ugbaja	B	15	100 - 200m*	24.32	8
	Shannon	Adendorff	G	17	158 - 3000m	11:45.15	8
	Shannon	Adendorff	G	17	34 - 1500m*	5:16.72	7
	Heidi	Booyesen	G	17	73 - SP	15.64	1
	Heidi	Booyesen	G	17	8 - DT	41.56	2
	Heidi	Booyesen	G	17	18 - HT	49.20	3
	Paiten	Fletcher	G	17	101 - 200m*	28.55	6
	Lucie	iLunga	G	17	25 - 400m*	1:00.34	3
	Lucie	iLunga	G	17	25 - 400m	1:01.46	6
	Sheena	Kunene	G	17	129 - 800m*	2:49.42	10
	Lebogang	Magoro	G	17	25 - 400m*	1:08.25	3
	Adaora	Odinwankpa	G	17	15 - 100m*	12.87	5
	Adaora	Odinwankpa	G	17	15 - 100m	12.94	6
	Adaora	Odinwankpa	G	17	15 - 100m*	13.06	4
	Alexandra	Okoye	G	17	101 - 200m*	30.90	6
	Relebogile	Rakgole	G	17	15 - 100m*	13.71	7
	Shyreece	Chimalizeni	G	15	23 - 400m*	1:14.32	6
	Boitumelo	Masuku	G	15	23 - 400m	59.24	2
	Boitumelo	Masuku	G	15	23 - 400m*	1:00.20	1
	Boitumelo	Masuku	G	15	99 - 200m*	27.11	4
	Boitumelo	Masuku	G	15	99 - 200m*	27.28	7
	Miriam	Moeketsi	G	15	124 - 800m*	2:25.75	5
	Miriam	Moeketsi	G	15	124 - 800m	2:25.98	8
	Miriam	Moeketsi	G	15	32 - 1500m*	5:04.05	5
	Mapaseka	Mongatane	G	15	112 - 3000m	10:49.93	3
	Mapaseka	Mongatane	G	15	32 - 1500m*	4:57.26	2
	Siphesihle	Ndjebo	G	15	13 - 100m*	13.12	1
	Siphesihle	Ndjebo	G	15	13 - 100m*	13.39	7
	Paris	Okoye	G	15	99 - 200m*	26.09	4
	Paris	Okoye	G	15	99 - 200m*	26.24	3
	Paris	Okoye	G	15	99 - 200m	26.21	5



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No	Name	Surname	Gen	Age	Event	Result	Plc
	Paris	Okoye	G	15	13 - 100m	12.73	5
	Paris	Okoye	G	15	13 - 100m*	12.96	2
	Paris	Okoye	G	15	13 - 100m*	12.96	5
	Thato	Rammalo	G	15	4 - 5000mW	27:57.63	1
	Thandeka	Sibanda	G	15	124 - 800m*	2:44.97	9
	Joseph	Antonie	M	19	26 - SP	14.69	4
	Joseph	Antonie	M	19	104 - DT	36.86	3
	Meshak	Beya	M	19	31 - 400m*	52.92	5
	Damian	Groenewald	M	19	104 - DT	38.65	2
	Damian	Groenewald	M	19	26 - SP	13.32	6
	Mphumelelo	Kunene	M	19	168 - 5000m	16:11.30	9
	Mpumelelo	Kunene	M	19	12 - 1500m*	4:14.35	7
	Watson	Magwenzi	M	19	20 - 100m	10.83	3
	Watson	Magwenzi	M	19	20 - 100m*	10.94	3
	Mavela	Makhubela	M	19	168 - 5000m	16:48.44	12
	Chegofatso	Masete	M	19	20 - 100m*	12.52	7
	Tshegofatso	Masete	M	19	111 - 200m	22.38	4
	Tshegofatso	Masete	M	19	111 - 200m*	22.65	4
	Tshegofatso	Masete	M	19	111 - 200m*	22.41	3
	Tebogo	Matsimela	M	19	12 - 1500m*	4:18.57	4
	Tebogo	Matsimela	M	19	12 - 1500m	4:19.13	11
	Amile	Ndwandwa	M	19	119 - 400mH*	1:06.34	3
	Nkosinathi	Nhlapo	M	19	31 - 400m	48.53	3
	Nkosinathi	Nhlapo	M	19	31 - 400m*	49.59	1
	Suhail	Rahaman	M	19	50 - HJ*	1.85	1
	Suhail	Rahaman	M	19	50 - HJ	1.80	6
	Steven	Sabino	M	19	5 - LJ	7.15	1
	Israel	Sylvia	M	19	132 - 800m*	1:57.50	2
	Israel	Sylvia	M	19	132 - 800m	1:59.07	4
	Teejay	Thomas (Ngwenya)	M	19	132 - 800m	1:57.65	3
	Teejay	Thomas (Ngwenya)	M	19	132 - 800m*	2:02.59	1
	Jenna	Booyesen	W	19	30 - 400m	57.32	1
	Jenna	Booyesen	W	19	30 - 400m*	1:01.04	1
	Diana	Eze	W	19	103 - 200m	25.18	3
	Diana	Eze	W	19	103 - 200m*	25.47	3
	Diana	Eze	W	19	103 - 200m*	25.61	2
	Diana	Eze	W	19	19 - 100m	12.28	3
	Diana	Eze	W	19	19 - 100m*	12.51	2
	Diana	Eze	W	19	19 - 100m*	12.52	2
	Tshepiso	Khubeka	W	19	108 - JT	24.67	15



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No	Name	Surname	Gen	Age	Event	Result	Plc
	Mishalia	Moodley	W	19	11 - 1500m*	6:05.25	8
	Dieketseng	Motsoeneng	W	19	11 - 1500m	5:07.07	7
	Dieketseng	Motsoeneng	W	19	11 - 1500m*	5:07.83	2
	Liqhame	Ngcaku	W	19	19 - 100m*	13.10	4
	Liqhame	Ngcaku	W	19	19 - 100m*	13.06	3
	Liqhame	Ngcaku	W	19	19 - 100m	13.34	8
	Princess	Nwobasi	W	19	30 - 400m*	1:08.00	1
	Princess	Nwobasi	W	19	30 - 400m	1:11.82	7
	Amy	Rigden	W	19	131 - 800m*	2:50.74	7

Medals (excluding relays) - Gold: 6 Silver: 7 Bronze: 11