



Team report for Jhb South (D11)

Events marked with * were heats.

Events with no results were omitted.

No	Name	Surname	Gen	Age	Event	Result	Plc
	Marthinus	Bouwer	B	17	35 - 1500m	4:17.52	8
	Marthinus	Bouwer	B	17	35 - 1500m*	4:22.02	3
	Jen-Handricks	Heymans	B	17	27 - JT*	69.15	1
	Jen-Handricks	Heymans	B	17	27 - JT	67.63	1
	Mutami	Mokotlo	B	17	16 - 100m*	11.79	3
	Mutami	Mokotlo	B	17	16 - 100m*	11.73	5
	Mutami	Mokotlo	B	17	102 - 200m*	23.75	8
	Onesmus	Ncube	B	17	160 - 3000m	9:29.46	6
	Onesmus	Ncube	B	17	35 - 1500m*	4:29.97	8
	Keanu	Nel	B	17	10 - SP	16.44	5
	Stiaan	Nyburgh	B	17	28 - 400m	49.14	2
	Stiaan	Nyburgh	B	17	28 - 400m*	49.98	1
	Stiaan	Nyburgh	B	17	118 - 400mH	55.85	2
	Stiaan	Nyburgh	B	17	118 - 400mH*	56.46	3
	Sthembiso	Qina	B	17	16 - 100m*	12.47	6
	Sthembiso	Qina	B	17	28 - 400m*	1:03.54	8
	Stian	Zopick	B	17	27 - JT*	59.30	1
	Stian	Zopick	B	17	27 - JT	57.14	3
	Enrique	Bosch	B	15	42 - 100mH	13.00	1
	Enrique	Bosch	B	15	42 - 100mH*	13.15	1
	Zak	de Klerk	B	15	7 - JT	51.88	4
	Zak	de Klerk	B	15	7 - JT*	46.30	3
	Daylan	Ferreira	B	15	52 - SP	16.36	3
	Daylan	Ferreira	B	15	96 - DT	54.29	2
	Zian	Grobler	B	15	24 - 400m*	57.87	7
	Zian	Grobler	B	15	125 - 800m*	2:12.66	8
	Felix	Husselmann	B	15	42 - 100mH*	16.11	4
	Daniel	Kelbrick	B	15	100 - 200m*	23.70	2
	Daniel	Kelbrick	B	15	100 - 200m*	24.09	5
	Tiaan	Kloppers	B	15	33 - 1500m*	4:39.53	9
	Zuan	Kruger	B	15	106 - LJ	6.22	2
	Zuan	Kruger	B	15	14 - 100m*	11.63	5
	Zuan	Kruger	B	15	14 - 100m*	11.75	6
	Junior	Lekalakala	B	15	100 - 200m*	24.81	5
	Junior	Lekalakala	B	15	14 - 100m*	12.25	5
	Loanda	Mathaba	B	15	24 - 400m*	56.89	6
	Orwell	Moyo	B	15	33 - 1500m*	5:29.81	11
	Phillip	Naude	B	15	96 - DT	45.61	7
	Hayden	Vorster	B	15	114 - 300mH*	42.19	2
	Hayden	Vorster	B	15	114 - 300mH	43.50	5



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No	Name	Surname	Gen	Age	Event	Result	Plc
	Amae	de Klerk	G	17	51 - LJ	5.77	2
	Amae	de Klerk	G	17	15 - 100m*	12.83	3
	Amae	de Klerk	G	17	15 - 100m*	13.22	6
	Edujie	Emua	G	17	101 - 200m*	27.58	5
	Edujie	Emua	G	17	101 - 200m*	27.55	4
	Edujie	Emua	G	17	15 - 100m*	13.56	5
	Morgan	Harmse	G	17	129 - 800m*	2:31.87	7
	Morgan	Harmse	G	17	34 - 1500m*	5:07.68	4
	Morgan	Maritz	G	17	36 - HJ	1.60	4
	Chemene	Mentz	G	17	129 - 800m	2:11.77	1
	Chemene	Mentz	G	17	129 - 800m*	2:20.93	2
	Chemene	Mentz	G	17	158 - 3000m	11:36.82	7
	Karabo	Monareng	G	17	25 - 400m*	1:24.51	5
	Keira	Pienaar	G	17	8 - DT	41.20	3
	Keira	Pienaar	G	17	73 - SP	12.91	6
	Cassandra	Raath	G	17	41 - 100mH	14.84	5
	Megan	Roome	G	17	158 - 3000m	10:46.63	3
	Megan	Roome	G	17	34 - 1500m	4:40.76	4
	Mignon	Theunissen	G	17	140 - TJ	11.70	1
	Mignon	Theunissen	G	17	51 - LJ	5.59	4
	Mulan	Bezuidenhout	G	15	40 - 90mH	13.59	5
	Mulan	Bezuidenhout	G	15	40 - 90mH*	14.02	3
	Kaylee	Cloete	G	15	99 - 200m*	28.30	5
	Taylin	De Jong	G	15	98 - JT	37.04	3
	Taylin	De Jong	G	15	98 - JT*	36.57	2
	Nina	Els	G	15	113 - 300mH	46.61	3
	Nina	Els	G	15	113 - 300mH*	46.92	1
	Botes	Juane	G	15	113 - 300mH*	48.94	2
	Botes	Juane	G	15	113 - 300mH	48.79	6
	Mbali	Kamele	G	15	23 - 400m	1:00.20	3
	Mbali	Kamele	G	15	23 - 400m*	1:01.64	2
	Mbali	Kamele	G	15	124 - 800m	2:24.32	6
	Mbali	Kamele	G	15	124 - 800m*	2:25.92	5
	Benti	Mahlatsi	G	15	99 - 200m*	30.56	7
	Tumo	Manyetsa	G	15	13 - 100m*	15.29	7
	Jessica	Mkhwanazi	G	15	23 - 400m*	1:15.64	8
	Alice	Mpota	G	15	13 - 100m*	13.69	5
	Natasha	Ndlovu	G	15	112 - 3000m	11:33.47	8
	Domuniqué	Nel	G	15	159 - SP	12.17	5
	Sune-Louise	Prinsloo	G	15	32 - 1500m	4:51.92	4



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No	Name	Surname	Gen	Age	Event	Result	Plc
	Sune-Louise	Prinsloo	G	15	32 - 1500m*	5:05.48	5
	Chelsey	Raath	G	15	40 - 90mH*	13.60	2
	Chelsey	Raath	G	15	40 - 90mH	13.74	6
	Micaela	Roome	G	15	124 - 800m*	2:21.44	3
	Micaela	Roome	G	15	124 - 800m	2:26.62	9
	Micaela	Roome	G	15	32 - 1500m*	5:06.30	6
	Melinda	Van Staden	G	15	9 - HJ*	1.50	1
	Kaylin	Venter	G	15	159 - SP	11.89	7
	Kaylin	Venter	G	15	29 - DT	30.69	7
	Timothy	Cable	M	19	31 - 400m*	53.33	6
	Thabo	Motsumi	M	19	20 - 100m*	11.81	6
	Jacques	Naude	M	19	132 - 800m*	2:03.22	5
	Kwanda	Nkosi	M	19	132 - 800m*	2:03.26	4
	Reinhardt	Robberts	M	19	50 - HJ*	1.85	1
	Reinhardt	Robberts	M	19	50 - HJ	1.80	7
	Zane	Strydom	M	19	12 - 1500m	4:01.21	5
	Zane	Strydom	M	19	12 - 1500m*	4:11.99	5
	Andile	Tshandu	M	19	12 - 1500m*	4:43.19	13
	Beloved	Tshuma	M	19	168 - 5000m	16:18.89	10
	Raux	Van Zyl	M	19	31 - 400m	48.39	2
	Raux	Van Zyl	M	19	31 - 400m*	48.75	2
	Levi	Watkins	M	19	111 - 200m*	22.19	2
	Levi	Watkins	M	19	20 - 100m*	11.00	3
	Levi	Watkins	M	19	111 - 200m*	22.54	5
	Levi	Watkins	M	19	20 - 100m*	11.23	6
	Levi	Watkins	M	19	111 - 200m	22.90	6
	Nicole	Alberts	W	19	127 - SP	11.33	2
	Nicole	Alberts	W	19	72 - DT	36.20	2
	Thandeka	Mahlangu	W	19	131 - 800m*	3:07.53	9
	Oarabile	Mokgobi	W	19	30 - 400m*	1:12.22	3
	Philile	Pakathi	W	19	108 - JT	31.02	6
	Atlegang	Ramasike	W	19	103 - 200m*	28.84	7
	Atlegang	Ramasike	W	19	19 - 100m*	14.18	6
	Xihlovo	Shikwambana	W	19	103 - 200m*	29.64	4
	Xihlovo	Shikwambana	W	19	19 - 100m*	14.03	6
	Lika	Strydom	W	19	167 - 5000m	18:50.84	2
	Lika	Strydom	W	19	11 - 1500m	4:44.38	2
	Lika	Strydom	W	19	11 - 1500m*	5:16.70	3

Medals (excluding relays) - Gold: 4 Silver: 10 Bronze: 7